



HILLVIEW
PREMIUM AGED CARE

Ashmore Activities Program

Monday, 3 January 2022		
	PUBLIC HOLIDAY	
Tuesday, 4 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets play Hang Man	North Dining Room
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Dining Room
3:00	Foxtel	North & South Lounge
Wednesday, 5 January 2022		
9:30	Music DVD	North & South Lounge
10:30	Bus Outing - Bookings Essential - Scenic Drive and Morning Tea	Meet in Foyer
10:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 6 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting	North Dining Room
13:00	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Mark Day Sings	North Dining Room
Friday, 7 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag Target Toss	North Dining Room
2:00	Name That Tune	North Dining Room
3:00	Foxtel	North & South Lounge
Monday, 10 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:30	Foxtel	North & South Lounge



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2:00	Lets Make a Smoothie	North Dining Room
Tuesday, 11 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Connect 4	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Karoke	North Lounge
Wednesday, 12 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing - Bookings Essential - Scenic Drive & Morning Tea	Meet in Foyer
10:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 13 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Crocheting and Knitting	North DiningRoom
10:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Jeff & Trish Sings	North Dining Room
Friday, 14 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
2:00	Mens Group	North Dining Room
3:00	Foxtel	North & South Lounge
Monday, 17 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:00	Foxtel	North & South Lounge



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2:00	Movie Happy Hour	North Lounge
Tuesday, 18 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft Valentines Day with Chloe & Shereene	North Dining Room
12:30	Foxtel	North & South Lounge
2:00	Reminiscing and Quotes with Chloe	North Dining Room
Wednesday, 19 January 2022		
9:30	Movie DVD	North & South Lounge
10:00	Bus Outing Morning - Bookings Essential - Fish & Chips in The Park	Meet in Foyer
2:00	Bingo	North Dining Room
3:00	Foxtel	North & South Lounge
Thursday, 20 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Leaf Art	North Outside Area
11:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Terry Sings	North Dining Room
Friday, 21 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wings
Monday, 24 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Tenpin Bowling	North Dining Room
Tuesday, 25 January 2022		



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9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Aussie Day Lets Paint a Picture	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Aussie Day Trivia	North Outside Area
Wednesday, 26 January 2022		
AUSTRALIA DAY PUBLIC HOLIDAY		
Thursday, 27 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Aussie Day Thong throwing	North Outside Area
11:30	Aussie BBQ	North Dining Room
2:00	Concert and Happy Hour - Jenny Sings	North Dining Room
Friday, 28 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets make Towers with Marshmallows and Spaghetti	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wing
Monday, 31 January 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Word Quiz	North Dining Room



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- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au**
- **Card Games every Saturday & Sunday at 10:30 in the North Dining Room**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**