



# HILLVIEW

PREMIUM AGED CARE

## Merrimac Activities Program

<b>Wednesday, 1 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Craft - \$2 for craft supplies- Christmas Craft Making Christmas Cards	Level 2 Dining Room
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Movie Happy Hour / Nibbles and drinks	Level 2 Lounge Room
<b>Thursday, 2 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Basket Ball hoop with James / Mens Club	Level 3 Outdoor Area
2:00	Lets play Dominos	Level 3 Dining Room
<b>Friday, 3 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Christmas Markets Day	Ground Outdoor Area
2:00	Movie DVD	Level 2 Lounge Room
<b>Monday, 6 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing - La Vintage Café Morning Tea	Meet at Reception Bookings Essential
10:30	Social Morning Tea	café Lily
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Quiz with Jo	Level 2 Sunroom
<b>Tuesday, 7 December 2021</b>		
9:30	No Exercises Due to Level 3 Christmas Party Day	No Floor
10:30	Level 3 Christmas Concert - Mark Day	Gooding Centre Level 3 only
10:30	Movie DVD	Level 1,2 Lounge Room
12:00	Level 3 Christmas Party lunch	Gooding Centre Level 3 only
2:00	Music Concert DVD	Level1,2,3,Lounge Room

## Merrimac Activities Program

<b>Wednesday, 8 December 2021</b>		
9:30	No exercises due to Level 2 Christmas Party	No Floors
10:30	Level 2 Christmas Concert - Amanda Sings	Gooding Centre
10:30	Movie DVD	Level 1,3 Lounge
12:00	Level 2 Christmas Party Lunch	Gooding Centre
2:00	Music Concert DVD	Level 1,2,3,Lounge Room
<b>Thursday, 9 December 2021</b>		
9:30	No Exercises due to Level 1 Christmas Party	No Floor
10:30	Level 1 Christmas Concert - Jenny Sings	Gooding Centre
10:30	Movie DVD	level 2,3,Lounge Room
12:00	Level 1 Christmas Party Lunch	Gooding Centre
2:00	Music Concert DVD	level 2,3,Lounge Room
<b>Friday, 10 December 2021</b>		
9:30	No Exercises Due to Ground Floor Christmas Party	No Floor
10:30	Christmas Concert Level G - Terry Sings	Gooding Centre
10:30	Movie DVD	Level 1,2,3,Lounge Room
12:00	Ground Floor Christmas Party Lunch	Gooding Centre
2:00	Music Concert DVD	Level 1,2,3,Lounge Room
<b>Monday, 13 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing - Super Q Store Christmas Shopping	Meet at Reception Bookings Essential
10:30	Social Morning Tea	café Lily
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Trivia Quiz with Jo	Level 2 Sunroom
2:00	Mobile Library	All Floors
<b>Tuesday, 14 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 3 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Baking Gingerbread biscuits with Dora and Jess	Level 2 Dining Room
2:00	Mobile Library	All Floors



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<b>Wednesday, 15 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Craft - Christmas Craft with Ash and Jess	Level 2 Dining Room
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Arm Chair Christmas Travel -Hillviews Version of Great Christmas Vacations	Level 2 Lounge Room
<b>Thursday, 16 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Christmas Theatre show the Grinch	Gooding Centre
2:00	Christmas paint and sip with Egg Nog and Gingerbread Men	Level 2 Breezeway
2:00	Mens Group with James	Level 1 Sunroom
<b>Friday, 17 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Bus Drive -Memory Care Morning Tea	Meet at Reception Bookings Essential
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Hoy Cards	Level 2 Dining Room
2:00	Concert and Happy Hour - Mark Day	Gooding Centre
<b>Monday, 20 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing -Scenic Bus Drive and an Icecream	Meet at Reception Bookings Essential
10:30	Christmas Quiz with Jo	Level 2 Sunroom
2:00	Residents Meeting	Ground Floor
2:30	Garden Walk with Lifestyle	Ground Floor
<b>Tuesday, 21 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Christmas BINGO	Level 3 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Jenga	Level 1 Sunroom
2:00	Christmas Poetry with Robbie	Level 2 Sunroom



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## Merrimac Activities Program

<b>Wednesday, 22 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Craft with Ash and Jess	Level 2 Dining Room
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Christmas Movie /Happy Hour Nibbles and drinks	Level 1,2,3,Lounge Room
<b>Thursday, 23 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Food Focus Meeting	Level 2 Dining Room
10:30	Christmas DVD	Level 1 Lounge Room
2:00	Christmas Bingo	Level 2 Dining Room
<b>Friday, 24 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Christmas Movie Nibbles and Drinks	Level 2 Lounge
2:00	Christmas Carols	Level 3 Outdoor Area
<b>Monday, 27 December 2021</b>		
	PUBLIC HOLIDAY	
<b>Tuesday, 28 December 2021</b>		
	PUBLIC HOLIDAY	
<b>Wednesday, 29 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Shuffle Board	Gooding Centre
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Movie Happy Hour / Nibbles and drinks	Level1,2,Lounge Room
<b>Thursday, 30 December 2021</b>		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 3 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Bean Bag Toss	Level 2 Breezway
2:00	Mens Group with James	Level 1 Sunroom



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## Merrimac Activities Program

Friday, 31 December 2021		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Flower press and Frames with Vanessa	Level 2 Dining Room
2:00	Name That Tune wine beer and nibbles	Level 3 Outdoor Area

- **Foxtel available every day in all levels lounge areas, please see a staff member to assist with program selection**

- **Hairdressing and Beauty Therapy available by appointment**  
**For bookings contact 5559 3226**

- **The Library has moved and is located in each Sunroom on Level 1, 2 and 3. If you require any help Lifestyle are happy to assist.**

- **To book bus trips:**  
**Please contact Reception or the Lifestyle team on 5559 3222 or email**  
**Lifestyle@hillviewcare.com.au**

- **DVDs/Videos available for weekends on request from the Leisure & Lifestyle department**

**Café Open Weekdays 10am -2pm, Weekends 10am -1pm (excluding public holidays)**

