



HILLVIEW
PREMIUM AGED CARE

Ashmore Activities Program

Friday, 1 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Armchair Travel to England	North Lounge
11:30	Foxtel	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wing
Monday, 4 July 2022		
AMERICAN INDEPENDENCE DAY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Lets Make smoothies	North Dining Room
Tuesday, 5 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag Toss	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge
Wednesday, 6 July 2022		
10:00	Bus Outing \$10 - Bookings Essential - Green Day Café Lunch	Meet in Foyer
10:00	Movie/ Music DVD	North & South Lounge
1:00	Foxtel	North Dining Room
2:00	Bingo	North Dining Room



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Thursday, 7 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Meet the baby Animals	North outside Area
11:00	Foxtel	North & South Lounge
2:00	Craft -Paint your own Boomerang for Naidoc Week	North Dining Room
Friday, 8 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Trivia	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Lets play Scrabble	North Dining Room
Monday, 11 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Mens Group	North outside Area
Tuesday, 12 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bocce	North outside Area
11:30	Foxtel	North & South Lounge
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge



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Wednesday, 13 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Christmas Trivia	North Dining Room
12:00	Christmas in July Lunch	North & South Dining
11:00	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 14 July 2022		
9:30	Music DVD	North & South Lounge
10:00	Bus Outing \$10- Bookings Essential Scenic Drive	Meet in Foyer
11:00	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Mark Dean Sings	North Dining Room
Friday, 15 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
1:00	Foxtel	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wing
Monday, 18 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Lets Do a Crossword Together	North Dining Room
3:00	Foxtel	North & South Lounge



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Tuesday, 19 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	Meet in Foyer
10:30	Lets play Board Games	North Dining Room
1:00	Foxtel	North & South Lounge
2:00	Reminiscing	North Lounge
Wednesday, 20 July 2022		
9:30	Movie / Music DVD	North & South Lounge
10:00	Bus Outing \$10 - Bookings Essential - Café 63	Meet in Foyer
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 21 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Terry Sings	North Dining Room
Friday, 22 July 2022		
	PYJAMA DAY	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz about Pjamas	North Dining Room
2:00	Movie Afternoon	North & South Lounge
3:30	Foxtel	North & South Lounge

Ashmore Activities Program

Monday, 25 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Hoy Cards	North Dining Room
3:00	Foxtel	North Dining Room
Tuesday, 26 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft / Arts with Sherrine and Chloe	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge
Wednesday, 27 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - CSI Club for Lunch	Meet in Foyer
10:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 28 July 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:00	Visit from Ziggy	North & South Wings
10:30	Lets Make a Herb Garden	South Outside Area
12:00	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Gina Singings	North Dining Room



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Friday, 29 July 2022		
9:00	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wing

- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au**
- **Card Games every Saturday & Sunday at 10:30 in the North Dining Room**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**