



**HILLVIEW**  
PREMIUM AGED CARE

## Ashmore Activities Program

<b>Monday, 1 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Lets make Smoothies	North Dining Room
<b>Tuesday, 2 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	Meet in Foyer
10:30	Bean Bag Toss	North Dining Room
0:30	Foxtel	North & South Lounge
2:00	Lets make Smoothies	North Dining Room
<b>Wednesday, 3 August 2022</b>		
10:00	Music DVD	North Dining Room
10:00	Bus Outing \$10 - Bookings Essential - Scenic Bus Drive	Meet in Foyer
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
<b>Thursday, 4 August 2022</b>		
	<b>WORLD BEER DAY</b>	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets make a Herb Garden	South Outside Area
12:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Kerrie Sings	North Dining Room
<b>Friday, 5 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
2:00	Name That Tune	North Dining Room
3:00	Foxtel	North & South Lounge

## Ashmore Activities Program

<b>Monday, 8 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets play Chess with Merrimac Residents	North Lounge Room
2:00	Lets Play Scrabble	North Dining Room
3:00	Foxtel	North & South Lounge
<b>Tuesday, 9 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft with Sherrene and Chloe	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge
<b>Wednesday, 10 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - MacDonalds in The Park	Meet in Foyer
2:00	Bingo	North Dining Room
3:00	Foxtel	North & South Lounge
<b>Thursday, 11 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting	North Dining Room
11:30	Residents BBQ	North Dining Room
2:00	Concert and Happy Hour - Gina Sings	North Dining Room
<b>Friday, 12 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets think Outside the Box	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Movie Time	North & South Lounge



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## Ashmore Activities Program

<b>Monday, 15 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Lets Do a Crossword and Find a Word	North Outside Area
<b>Tuesday, 16 August 2022</b>		
<b>RSPCA CUPCAKE DAY</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Decorate Cupcakes	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge
<b>Wednesday, 17 August 2022</b>		
10:00	Music DVD	North & South Lounge
10:00	Bus Outing \$10 - Bookings Essential - Green Day Morning Tea	Meet in Foyer
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
<b>Thursday, 18 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Pet Therapy Ziggy Visits	North & South Wing
10:30	Balloon Art	North Dining Room
2:00	Concert and Happy Hour - Brad Sings	North Dining Room
<b>Friday, 19 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag Target Toss	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wing



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## Ashmore Activities Program

<b>Monday, 22 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Mens Group	North Outside Area
<b>Tuesday, 23 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Tenpin Bowling	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Remincinsing with Chloe	North Lounge
<b>Wednesday, 24 August 2022</b>		
9:30	Exercises	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Fish & Chips in The Park	Meet in Foyer
10:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
<b>Thursday, 25 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Concert and Happy Hour - Wendy Sings	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Lets Paint a Picture	North Dining Room
<b>Friday, 26 August 2022</b>		
<b>GOLD COAST SHOW DAY PUBLIC HOLIDAY</b>		



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## Ashmore Activities Program

<b>Monday, 29 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Movie Time	North & South Lounge
<b>Tuesday, 30 August 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Play Board Games	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Hoy Cards	North Dining Room
<b>Wednesday, 31 August 2022</b>		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - Mudgeeraba War Musuem	Meet in Foyer
11:00	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room



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## Ashmore Activities Program

- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email [Lifestyle@hillviewcare.com.au](mailto:Lifestyle@hillviewcare.com.au)**
- **Card Games every Saturday & Sunday at 10:30 in the North Dining Room**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**