



HILLVIEW
PREMIUM AGED CARE

Merrimac Activities Program

Monday, 1 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing \$10 - Day out For a Hit of Golf and Lunch at Emerald Lakes	Meet at Reception Bookings Essential
10:30	Social Morning Tea	Café Lily
2:00	Word Quiz Trivia	Level 2 Sunroom
2:00	Sunshine Massages and our favorite tunes in our Fall out chairs	Level 2 Lounge
Tuesday, 2 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 3 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Lets Play Scrabble	Level 2 Dining Room
2:00	Shopping Trolley to your Door	All Floors
Wednesday, 3 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Gardening Planting some seedlings with Tom -Memory Care	Memory Care
10:30	Craft - Making Things with Femo clay	Level 2 Dining Room
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Movie/Happy Hour with Nibbles or Icecream & Glass of Wine	Level 2 Lounge Room
Thursday, 4 August 2022		
	WORLD BEER DAY	
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Garden Walks with Lifestyle	Ground
2:00	Ice Cream Extravaganza	All Floors
2:00	Celebrating Beer day with a coldie a quiz and a platter	Level 2 Lounge Room

Merrimac Activities Program

Friday, 5 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Shuffle Board	Gooding Centre
2:00	Concert and Happy Hour Kerrie Sings	Gooding Centre
Monday, 8 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing \$10 - Lets go to Asmore to play Chess	Meet at Reception Bookings Essential
10:30	Social Morning Tea	café Lily
2:00	Ten pin Bowling	Level 2 Sunroom
2:00	Sunshine Massages and our favorite tunes in our Fall out chairs	Level 1 Lounge Room
Tuesday, 9 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 3 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Poetry with Robbie	Level 2 Sunroom
2:00	Shopping Trolley to your Door	All Floors
Wednesday, 10 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Craft	Level 2 Dining Room
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Movie Happy Hour Concert DVD With a Glass of Wine	Level 1,2 Lounge Room
Thursday, 11 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Garden Walks with Lifestyle	Ground
12:00	Memory Care BBQ	Ground Floor
2:00	Karaoke Sing a long	Level 2 Lounge Room



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Friday, 12 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Shuffle Board	Gooding Centre
2:00	Concert and Happy Hour - Micheal Jay Sings	Gooding Centre
Monday, 15 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing \$10 -BroadBeach Bowls Club Lunch	Meet at Reception Bookings Essential
10:30	Social Morning Tea	café Lily
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Trivia Quiz with Jo	Level 2 Sunroom
2:00	Sunshine Massages and our favorite tunes in our Fall out chairs	Level 2 Breezway
Tuesday, 16 August 2022		
RSPCA CUPCAKE DAY		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 3 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Lets Decorate our Cup Cakes for Cup Cake Day with Dora	Level 2 Dining Room
Wednesday, 17 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Craft - Making Fairy light Decroitive Bottles with Alison	Level 2 Dining Room
2:00	Movie Happy Hour Concert DVD With a Glass of Wine	Level 2 Lounge Room
2:00	Garden Walks with Lifestyle	Ground Floor



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Thursday, 18 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Garden Walks with Lifestyle	Ground
12:00	Level 2 BBQ	Level 2 Breezway
2:00	Meditation and Aromatherapy with Vanessa	Level 2 Sunroom
2:00	Shopping Trolley to your Door	All Floors
Friday, 19 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Shuffle Board	Gooding Centre
2:00	Concert and Happy Hour - Gina Sings	Gooding Centre
Monday, 22 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing \$10 - HOTA Arts Centre Morning Tea	Meet at Reception Bookings Essential
10:30	Social Morning Tea	café Lily
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Trivia Quiz with JO	Level 2 Sunroom
2:00	Sunshine Massages and our favorite tunes in our Fall out chairs	Level 1 Sunroom
Tuesday, 23 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 3 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Reminiscing about Our Holiday adventures with Dora	Level 2 Sunroom



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Wednesday, 24 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Carnival Games in the Sunshine Celebrating Gold Coast Show Day .	Café Outdoor Area
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Movie Happy Hour Concert DVD With a Glass of Wine	Level 2 Sunroom
Thursday, 25 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Garden Walks with Lifestyle	Ground
2:00	Mens Club a Beer and a Chat	Level 3 Outdoor Area
2:00	Table Bowls	Level 2 Breezway
Friday, 26 August 2022		
GOLD COAST SHOW DAY PUBLIC HOLIDAY		
Monday, 29 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing \$10 - Fox and Hound Pub Lunch Tambourine Mountain	Meet at Reception Bookings Essential
10:30	Social Morning Tea	café Lily
2:00	Trivia Quiz with Jo	Level 2 Sunroom
Tuesday, 30 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 3 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Ice Cream Extravaganza	All Floors
2:00	Residents Meeting	Ground Floor



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Wednesday, 31 August 2022		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Craft	Level 2 Dining Room
10:30	Movie/Happy Hour with Nibbles or Icecream & Glass of Wine	Level 2 Lounge
2:00	Garden Walks with Lifestyle	Ground Floor

- **Foxtel available every day in all levels lounge areas, please see a staff member to assist with program selection**

- **Hairdressing and Beauty Therapy available by appointment**
For bookings contact 5559 3226

- **The Library has moved and is located in each Sunroom on Level 1, 2 and 3. If you require any help Lifestyle are happy to assist.**

- **To book bus trips:**
Please contact Reception or the Lifestyle team on 5559 3222 or email
Lifestyle@hillviewcare.com.au

- **DVDs/Videos available for weekends on request from the Leisure & Lifestyle department**

Café Open Weekdays 10am -2pm, Weekends 10am -1pm (excluding public holidays)