



**HILLVIEW**  
PREMIUM AGED CARE

## Ashmore Activities Program

<b>Thursday, 1 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Christmas Craft	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Name That Tune	North Outside Area
<b>Friday, 2 December 2022</b>		
9:00	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
2:00	Ice Cream Extravagnaza	North & South Wing
3:00	Foxtel	North Dining Room
<b>Monday, 5 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Silly trivia	North Dining Room
<b>Tuesday, 6 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Making Christmas Cards with Chloe and Sherrine	North Dining Room
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge



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<b>Wednesday, 7 December 2022</b>		
9:30	Exercises	North & South Lounge
10:00	Social Morning Tea & News	North Dining Room
10:45	Bus Outing \$10 - Bookings Essential -Lunch Tallia Club	Meet in Foyer
2:00	Bingo	North Dining Room
3:00	Foxtel	North & South Lounge
<b>Thursday, 8 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting & Food Focus Meeting	North Dining Room
12:00	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Dave Sings	North Dining Room
<b>Friday, 9 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Room Visits	North & South Wing
2:00	Movie Time	North & South Lounge
<b>Monday, 12 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Lets Make Smoothies	North Dining Room
3:00	Foxtel	North & South Lounge



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<b>Tuesday, 13 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Mixed Card Games	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Snow Man Cones to your Door	North Dining Room
<b>Wednesday, 14 December 2022</b>		
	No Morning Activity Due to Afternoon Christmas Lights	
2:00	Bingo	North Dining Room
6:00	Bus Trip- Christmas Lights Tour	Meet in Foyer
<b>Thursday, 15 December 2022</b>		
	<b>RESIDENTS CHRISTMAS PARTY</b>	
9:30	Residents Arrive for the Christmas Party	North & South Wing
10:00	Concert Charlie Sings	South Wing
10:30	Santa Arrives	North Wing
11:00	Concert Charlie Sings	North Wing
11:15	Santa Arrives	South Wing
12:00	Christmas Lunch is served	North & South Dining
<b>Friday, 16 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Play Snakes & Ladders	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wing



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<b>Monday, 19 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Mens Group	North Outside Area
<b>Tuesday, 20 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Paint and sip - Lets Paint a Christmas Tree	North Dining Room
11:15	Foxtel	North & South Lounge
2:00	Christmas Movie DVD	North Lounge
<b>Wednesday, 21 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Refresh our Garden Pots	North Outside Area
2:00	Christmas Bingo	North Dining Room
<b>Thursday, 22 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Concert and Happy Hour - Kerrie Sings	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Christmas Pamper Afternoon	North Dining Room



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<b>Friday, 23 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Quoits	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Word Quiz	North Dining Room
<b>Monday, 26 December 2022</b>		
<b>PUBLIC HOLIDAY</b>		
<b>Tuesday, 27 December 2022</b>		
<b>PUBLIC HOLIDAY</b>		
<b>Wednesday, 28 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Do a Crossword /Search aA Word	North Dining Room
2:00	Bingo	North Dining Room
3:00	Foxtel	North & South Lounge
<b>Thursday, 29 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Make Smoothies	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Lets do a Jigsaw together	North Dining Room



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## Ashmore Activities Program

<b>Friday, 30 December 2022</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag Target Toss	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Room Visits	North & South Wing

- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email [Lifestyle@hillviewcare.com.au](mailto:Lifestyle@hillviewcare.com.au)**
- **Card Games every Saturday & Sunday at 10:30 in the North Dining Room**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**