

Ashmore Activities Program

Tuesday, 1 November 2022		
MELBOURNE CUP DAY		
10:00	Melbourne Cup Morning Tea	North Dining Room
10:30	Melbourne Cup Games Trivia	North Dining Room
12:00	Melbourne Cup High Tea Luncheon	North & South Dining
2:00	Watching The Big Race	North & South Lounge
Wednesday, 2 November 2022		
9:30	Music DVD	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Scenic Bus Drive	Meet in Foyer
0:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 3 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Concert and Happy Hour - Kerrie Sings	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Room Visits	North & South Wing
Friday, 4 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Lets do a Crossword /Search a Word	North Outside Area

Ashmore Activities Program

Monday, 7 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Lets Make Smoothies	North Dining Room
Tuesday, 8 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft with Chloe and Sherrene	North Lounge
12:30	Foxtel	North & South Lounge
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge
Wednesday, 9 November 2022		
9:30	Exercises	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Hinze Dam Lunch	Meet in Foyer
10:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 10 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting and Food Focus Meeting	North Dining Room
2:00	Concert and Happy Hour - Brad Sings The Blues	North Dining Room
3:00	Foxtel	North & South Lounge

Ashmore Activities Program

Friday, 11 November 2022		
REMEMBRANCE DAY		
9:30	Exercises	North Dining Room
10:30	Remembrance Day Service	North Outside Area
2:00	Ice Cream Extravagnaza	North & South Wing
3:00	Foxtel	North & South Lounge
Monday, 14 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Lets Play Scrabble	North Dining Room
Tuesday, 15 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	word quiz	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Lets play Board Games	North Dining Room
Wednesday, 16 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Fish & Chips in the Park	Meet in Foyer
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room



HILLVIEW
PREMIUM AGED CARE

Ashmore Activities Program

Thursday, 17 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Gina Sings	North Dining Room
Friday, 18 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag Target Toss	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Silly Trivia	North Dining Room
Monday, 21 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Room Visits	North & South Wing
3:00	Foxtel	North & South Lounge

Ashmore Activities Program

Tuesday, 22 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	Meet in Foyer
10:30	Paint and Sip	North Lounge
2:00	Colouring and relaxation afternoon	North Lounge
Wednesday, 23 November 2022		
9:30	Foxtel	North & South Lounge
10:30	Bus Outing \$10 - Bookings Essential - CSI Club Lunch	Meet in Foyer
10:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 24 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
11:30	Residents BBQ	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Terry Sings	North Dining Room



HILLVIEW
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Friday, 25 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Movie Time	North & South Lounge
Monday, 28 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Room Visits	North & South Wing
Tuesday, 29 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	Meet in Foyer
10:30	Hoy Cards	North Lounge
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge
Wednesday, 30 November 2022		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Lets ride on the Tram	Meet in Foyer
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room



HILLVIEW
PREMIUM AGED CARE

Ashmore Activities Program

- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au**
- **Card Games every Saturday & Sunday at 10:30 in the North Dining Room**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**