

Ashmore Activities Program

Monday, 1 May 2023		
LABOUR DAY PUBLIC HOLIDAY		
Tuesday, 2 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Board Games	North Dining Room
1:00	Foxtel	North & South Lounge
2:00	Movie DVD	North Lounge
Wednesday, 3 May 2023		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - Morning Tea HOTA	Meet in Foyer
1:00	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 4 May 2023		
9:30	Exercises	North Dining Room
10:00	Science Experiments	North Dining Room
10:30	Bean Bag Toss	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour -Marina Sings	North Dining Room
Friday, 5 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Celebrate the Coronation British Morning Tea Style	North Dining Room
2:00	Ice Cream Extravagnaza	North & South Wing
2:00	Foxtel	North & South Lounge
Monday, 8 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Lets Sit in the Garden and share Stories	North Outside Area
3:00	Foxtel	North & South Lounge

Ashmore Activities Program

Tuesday, 9 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Mothers Day crafts	North Dining Room
12:00	Foxtel	North & South Lounge
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge
Wednesday, 10 May 2023		
9:30	Music DVD	North & South Lounge
10:15	Bus Outing \$10 - Bookings Essential - Lunch Fox & Hound	Meet in Foyer
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 11 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Quoits	North Dining Room
12:00	Mothers Day High Tea Lunch	North Dining Room
2:00	Concert and Happy Hour - Terry	North Dining Room
Friday, 12 May 2023		
INTERNATIONAL NURSES DAY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Room Visits	North & South Wing
Monday, 15 May 2023		
INTERNATIONAL DAY OF FAMILY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Reminiscing family photos	North Dining Room
3:00	Foxtel	North & South Lounge

Ashmore Activities Program

Tuesday, 16 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's make a Scarecrow for the Mudgeeraba Show	North Outside Area
11:30	Foxtel	North & South Lounge
2:00	Hoy Cards	North Lounge
Wednesday, 17 May 2023		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - Let's ride the Hopo Ferry	Meet in Foyer
2:00	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, 18 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Concert Kerrie Sings	North Dining Room
2:00	Garden Walks	North Dining Room
3:00	Foxtel	North & South Lounge
Friday, 19 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's make a Scarecrow for the Mudgeeraba Show	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Poetry	North Dining Room
Monday, 22 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Arm Chair Travel	South Lounge

Ashmore Activities Program

Tuesday, 23 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Pamper Palour Relaxation	North Dining Room
13:00	Foxtel	North & South Lounge
2:00	Conversation/ Trivia Group with Nibbles or Icecream	North Lounge
Wednesday, 24 May 2023		
9:30	Music DVD	North & South Lounge
9:45	Bus Outing \$10 - Bookings Essential - Greenday Café	Meet in Foyer
2:00	Bingo	North Dining Room
3:00	Foxtel	North & South Lounge
Thursday, 25 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Resident and Food Focus Meeting	North Dining Room
11:30	Residents BBQ	North Outside Area
2:00	Concert and Happy Hour - Dave Sings	North Dining Room
Friday, 26 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
2:00	Foxtel	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wing
Monday, 29 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Let's do Crosswords and Search A Word	North Dining Room



Ashmore Activities Program

Tuesday, 30 May 2023		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Ten Pin Bowling	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Concert DVD	North Lounge
Wednesday, 31 May 2023		
9:30	Music DVD	North Dining Room
9:30	Bus Outing \$10 - Bookings Essential BBQ Rock Pools	Meet in Foyer
2:00	Bingo	North Dining Room
3:00	Foxtel	North & South Lounge

- Foxtel available every day, please see a staff member to assist with program selection
- Hairdressing available by appointment Wednesday & Thursday
- Beauty Therapy available by appointment Friday
- For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au
- Card Games every Saturday & Sunday at 10:30 in the North Dining Room
- DVDs/Videos available for weekends on request from the Lifestyle Department