



Ashmore Activities Program

Thursday, February 1, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Mercedes Sings	North Dining Room
Friday, February 2, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Room Visits	North & South Wing
Monday, February 5, 2024		
CHOCOLATE FONDUE DAY		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - Southport Park Café	Meet in Foyer
2:00	Let's have a Fondue	North Dining Room
3:00	Foxtel	North & South Lounge
Tuesday, February 6, 2024		
All Day	Pet Therapy with Olive	North & South Wing
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Ball Drumming to Music	North Dining Room
2:00	Pamper Palour	North Dining Room
3:00	Foxtel	North & South Lounge



Ashmore Activities Program

Wednesday, February 7, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy cards	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, February 8, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag target Toss	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Mark Dean Sings	North Dining Room
Friday, February 9, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Ice cream and Movie	North & South Lounge
Monday, February 12, 2024		
9:30	Exercises	North Dining Room
10:00	Music DVD	North & South Lounge
10:30	Bus Outing \$10 - Bookings Essential - Lunch at Hinze Dam	North Dining Room
2:00	Knitting Club and Chit Chat	North Dining Room
2:30	Foxtel	North & South Lounge



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Tuesday, February 13, 2024		
SHROVE TUESDAY PANCAKE DAY		
All Day	Pet Therapy with Olive	North & South Wing
9:30	Exercise	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Make Pancakes	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Let's Do Crosswords	North Dining Room
Wednesday, February 14, 2024		
VALENTINES DAY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Name That Tune - Love Songs	North Lounge Room
Thursday, February 15, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Mediation and Relaxation	North Lounge
2:00	Concert and Happy Hour - Robbie Sings	North Dining Room
3:00	Foxtel	North & South Lounge
Friday, February 16, 2024		
All Day	Pet Therapy with Ziggy	North & South Wings
9:00	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Gardening	North Outside Area
11:30	Foxtel	North & South Lounge
2:00	Let's sit in the Garden and share life Stories	North Outside Area



HILLVIEW

PREMIUM AGED CARE

Ashmore Activities Program

Monday, February 19, 2024		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - GreenDay Café	Meet in Foyer
11:30	Foxtel	North & South Lounge
2:00	Silly Trivia	North Dining Room
Tuesday, February 20, 2024		
All Day	Pet Therapy with Olive	North & South Wing
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Paint a Picture	North Dining Room
1:15	Foxtel	North & South Lounge
2:00	Hoy Cards	North Dining Room
Wednesday, February 21, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	The Elvis Show	North Dining Room
Thursday, February 22, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Gina Sings	North Dining Room

Ashmore Activities Program

Friday, February 23, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Board Games & Puzzles	North Dining Room
2:00	Ice Cream Extravagnaza	North & South Wing
3:00	Foxtel	North & South Lounge
Monday, February 26, 2024		
9:30	Music DVD	North & South Lounge
10:30	Bus Outing \$10 - Bookings Essential - Southport Sharks	Meet in Foyer
1:00	Foxtel	North & South Lounge
2:00	Colouring and Chit Chat	North Dining Room
Tuesday, February 27, 2024		
All Day	Pet Therapy with Olive	North & South Wing
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Cook	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Lets do Crosswords	North Dining Room
Wednesday, February 28, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets make a Terrarium	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room



HILLVIEW

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Ashmore Activities Program

Thursday, February 29, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Balloon Tennis	North Dining Room
11:30	Residents BBQ	North Outside Area
2:00	Concert and Happy Hour - Paul Sings	North Dining Room
3:30	Foxtel	North & South Lounge

- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au**
- **Card Games every Saturday & Sunday at 10:30 in the North Dining Room**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**