

## Ashmore Activities Program

<b>Monday, June 3, 2024</b>		
9:30	Music DVD	North Dining Room
9:30	Bus Outing \$10 - Bookings Essential - Fish & Chips Point Danger	Meet in Foyer
2:00	Let's Do Crosswords	North Dining room
3:00	Foxtel	North & South Lounge
<b>Tuesday, June 4, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Drumming To Music	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
<b>Wednesday, June 5, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Name That Tune	North & South Lounge
6:30	State of Origin - please ask Carers to put on TV	North & South Lounge
<b>Thursday, June 6, 2024</b>		
9:30	Exercises	North Dining Room
10:30	Resident & Families Morning Tea with Directors	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - with Alison Singing	North Dining Room
<b>Friday, June 7, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Conversation in the Garden	North outside area



## Ashmore Activities Program

<b>Monday, June 10, 2024</b>		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - Greenday Café	Meet in Foyer
11:30	Foxtel	North & South Lounge
2:00	Knitting Group	North Dining Room
<b>Tuesday, June 11, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Paint a Rose Picture	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
<b>Wednesday, June 12, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Cards	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Karaoke Sing A Long	North Lounge
<b>Thursday, June 13, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - with Mark Dean Singing	North Dining Room
<b>Friday, June 14, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Roulette	North Dining Room
10:30	Foxtel	North Dining Room
2:00	Movie and Ice-Cream	North & South Lounge



## Ashmore Activities Program

<b>Monday, June 17, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Make Smoothies	North Dining Room
2:00	Hoy Cards	North Dining Room
2:00	Foxtel	North & South Lounge
<b>Tuesday, June 18, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Pamper Palour	North Lounge
<b>Wednesday, June 19, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let cook	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Room Visits	North & South Wing
<b>Thursday, June 20, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Resident & Food Focus Meeting	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Robbie sings	North Dining Room

## Ashmore Activities Program

<b>Friday, June 21, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Quiz	North Dining Room
10:30	Foxtel	North Dining Room
2:00	Friday afternoon drinks in the Garden	North Dining Room
<b>Monday, June 24, 2024</b>		
<b>MULTICULTURAL WEEK</b>		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - Scenic Drive & Coffee	Meet in Foyer
2:00	Lets Do Crosswords Together	North Dining Room
3:00	Foxtel	North & South Lounge
<b>Tuesday, June 25, 2024</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Foxtel	North & South Lounge
10:30	Craft	North Dining Room
2:00	Bingo	North Dining Room
<b>Wednesday, June 26, 2024</b>		
<b>MULTICULTRAL DAY - EGYPT</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Belly Dancers	North Dining Room
12:00	Multicultural Lunch - Experience <b>EGYPT</b>	Dining Rooms
2:00	Lets Explore Egypt Documentary	North Dining Room
3:00	Foxtel	North & South Lounge

## Ashmore Activities Program

<b>Thursday, June 27, 2024</b>		
<b>MULTICULTRAL DAY - FRANCE</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Foxtel	North & South Lounge
10:30	Lets Explore France	North Dining Room
12:00	Multicultural Lunch - Experience <b>FRANCE</b>	Dining Rooms
2:00	Concert and Happy Hour - With Gina Singing	North Dining Room
<b>Friday, June 28, 2024</b>		
<b>MULTICULTRAL DAY - IRELAND</b>		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Foxtel	North & South Lounge
10:30	Irish Pot of Gold	North Dining Room
12:00	Multicultural Lunch - Experience - <b>IRELAND</b>	Dining Rooms
2:00	Lets explore Ireland	North Dining Room

- Foxtel available every day, please see a staff member to assist with program selection
- Hairdressing available by appointment Wednesday & Thursday
- Beauty Therapy available by appointment Friday
- For bookings including Bus trips contact reception on 5597 0422 or email [Lifestyle@hillviewcare.com.au](mailto:Lifestyle@hillviewcare.com.au)
- Card Games every Saturday & Sunday at 10:30 in the North Dining Room
- DVDs/Videos available for weekends on request from the Lifestyle Department