

Merrimac Activities Program

Monday, June 3, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Social Morning Tea	Café Lily
2:00	Garden Walks with Lifestyle	Ground Floor
1:30	Movie Happy Hour Large screen - <i>Diana The Musical</i>	Gooding Centre
2:00	Jenga	Level 1 Sunroom
Tuesday, June 4, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Word Quiz	Level 2 Sunroom
10:30	Garden Walks with Lifestyle	Ground Floor
10:30	Hoy Cards	Level 1 Dining Room
1:30	Room visits with Annie	Ground
2:00	Piano Concert with Alyssa	Gooding Centre
2:00	YouTube Concert - Roy Orbison	All Floors
Wednesday, June 5, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Resident & Families Morning Tea with Directors	Gooding Centre
10:30	Social Morning Tea	Café Lily
2:00	YouTube - Wildlife Animals	All Floors
2:00	Afternoon Craft with Ash & Ao	Level 2 Breezway
6:00	State of Origin - Game One	All Floors
Thursday, June 6, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing \$10 - Paradise Country (World Wildlife Day)	Meet at Reception - Bookings Essential
10:30	Volleyball Tennis	Level 1 Sunroom
2:00	Bingo	Level 2 Dining Room
2:00	Garden Walks with Lifestyle	Ground

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Friday, June 7, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
9:15	Bus Outing \$10 - Panorama High Tea at Royal Pines	Meet at Reception - Bookings Essential
10:30	Roman Catholic Church	Level 1 Sunroom
10:30	Café Social Morning Tea	Café Lily
2:00	Concert and Happy Hour - <i>Alison Sings</i>	Gooding Centre
Monday, June 10, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Garden Walks with Lifestyle	Ground
2:00	Hoy Cards	Level 1 Dining Room
2:00	Movie Happy Hour Big Screen - <i>The Prom Musical</i>	Gooding Centre
Tuesday, June 11, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Trivia Quiz with Kaeleigh	Level 2 Breezway
10:30	Garden Walks with Lifestyle	Ground Floor
1:30	Gentle Exercises with Annie	Ground
2:00	Cooking with Vanessa and Ao (Corn Pancakes)	Level 2 Dining Room
2:00	Let's pick a book from our Library	Level 3 Sunroom
Wednesday, June 12, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Bus Outing \$10 - Robina Cinema Movie and Morning Tea (The Best Exotic Marigold Hotel)	Meet at Reception - Bookings Essential
10:30	Social Morning Tea	Café Lily
2:00	Shuffle Board	Ground
2:00	Shopping trolley with Kaeleigh	All Floors
2:00	Crosswords	Level 1 Dining Room

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Thursday, June 13, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Milkshakes in the Café	Café
10:30	Bingo	Level 2 Dining Room
1:00	Student Volunteers	All Floors
2:00	Gardening: Pot-a-Plant	Level 2 Breezeway
2:00	Garden walks with Wheelchairs	Ground Floor
Friday, June 14, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
9:45	Bus Outing \$10 - Let's Go To Aldi	Meet at Reception - Bookings Essential
10:30	Let's Play Billiards	Ground Floor
10:30	Roman Catholic Church	Level 1 Sunroom
2:00	Concert and Happy Hour - <i>Mark Dean sings</i>	Gooding Centre
Monday, June 17, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Social Morning Tea	Café Lily
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Movie Happy Hour on the Big screen - <i>The Dry</i>	Gooding Centre
2:00	Colouring in and Relaxation	Level 1 Dining Room
Tuesday, June 18, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Handmade Soap Gifts Stall	Ground Floor
10:30	Garden Walks with Lifestyle	Ground Floor
1:30	Room visits with Annie	Ground
2:00	Relaxation Meditation and Massages with Vanessa and Ao	Level 1 Sunroom
2:00	Karaoke Sing-a-long	Level 2 Lounge Room

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Wednesday, June 19, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
9:30	Bus Outing \$10 - Heritage Museum Mudgeeraba Tour & Devonshire Morning Tea	Meet at Reception - Bookings Essential
10:30	Jenga	Level 2 Sunroom
2:00	Casino Games	Level 2 Dining Room
2:00	Garden Walks with Lifestyle	Ground Floor
Thursday, June 20, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Volleyball Tennis	Level 1 Sunroom
10:30	Bingo	Level 2 Dining Room
2:00	Paint 'n Sip with Chloe and Kaeleigh	Level 2 Breezway
2:00	Karaoke Sing-a-Long	Ground East
Friday, June 21, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
9:45	Bus Outing \$10 - Morning Tea and Exhibition HOTA	Meet at Reception - Bookings Essential
10:30	Jenga	Level 2 Sunroom
10:30	Roman Catholic Church	Level 1 Sunroom
2:00	Concert and Happy Hour - <i>Robbie sings</i>	Gooding Centre
Monday, June 24, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	YouTube - John Denver	All Floors
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Belly Dancer performance	Gooding Centre



Merrimac Activities Program

Tuesday, June 25, 2024		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Residents Meeting	Ground Floor
10:30	Garden Walks with Lifestyle	Ground Floor
1:30	Room visits with Annie	Ground
2:00	Relaxation Meditation & Massages with Vanessa and Ao	Level 1 Sunroom
2:00	Billiards, Beers and Beats	Ground
Wednesday, June 26, 2024		
MULTICULTURAL DAY - EGYPT		
9:30	Exercises to Music	Level 1, 2 Lounge Room
9:30	Bus Outing \$10 - Shopping at Kmart Robina and Morning Tea	Meet at Reception - Bookings Essential
10:30	Craft (Egyptian Style)	Level 2 Breezway
12:00	Multicultural Lunch - Experience EGYPT	All Dining Rooms
2:00	YouTube (Armchair Travel to Egypt) with nibbles & wine	Level 2 Lounge Room
2:00	Garden Walks with Lifestyle	Ground Floor
Thursday, June 27, 2024		
MULTICULTURAL DAY - FRANCE		
9:30	Exercises to Music	Level 1, 2 Lounge Room
10:30	Bingo	Level 2 Dining Room
10:30	Ground East Café Visit	Café Lily
12:00	Multicultural Lunch - Experience FRANCE	All Floors
2:00	Let's go to France (Armchair Travel)	Level 2 Sunroom
2:00	Garden Walks with Lifestyle	Ground

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Friday, June 28, 2024		
MULTICULTURAL DAY - IRELAND		
9:30	Exercises to Music	Level 1,2 Lounge Room
10:45	Bus Outing \$10 - Waxy Irish Pub Lunch	Meet at Reception - Bookings Essential
10:30	Let's Go to Ireland (Armchair Travel)	Level 2 Lounge Room
10:30	Roman Catholic Church	Level 1 Sunroom
12:00	Multicultural Lunch - Experience IRELAND	All Floors
2:00	Concert and Happy Hour - <i>Gina sings</i>	Gooding Centre

- **Foxtel available every day in all levels lounge areas, please see a staff member to assist with program selection**
 - **Hairdressing and Beauty Therapy available by appointment**
For bookings contact 5559 3226
 - **The Library has moved and is located in Level 3 Sunroom. If you require any help Lifestyle are happy to assist.**
 - **To book bus trips:**
Please contact Reception or the Lifestyle team on 5559 3222 or email Lifestyle@hillviewcare.com.au
 - **DVDs/Videos available for weekends on request from the Leisure & Lifestyle department**
- Café Open 7 Days from 9:30am - 1:30pm (excluding public holidays)**