








Ashmore Activities Program

	Monday, July 1, 2024	
	INTERNATIONAL JOKE DAY	
9:30	Music DVD	North & South Lounge
9:30	Bus Outing - \$10 Bookings Essential - Greenday Café Morning Tea	Meet in Foyer
11:00	Foxtel	North & South Lounge
2:00	Let's Share Jokes	North Dining Room
	Tuesday, July 2, 2024	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Ball Drumming to Music	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
	Wednesday, July 3, 2024	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Bake Together	North Dining Room
2:00	Karaoke Sing-A-Long	North Lounge Room
3:00	Foxtel	North & South Lounge
	Thursday, July 4, 2024	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Racket Volley Ball	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Mark Dean Singing	North Dining Room

Ashmore Activities Program

Friday, July 5, 2024		
	 WORLD CHOCOLATE DAY	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Hot Chocolate and Marshmallows	North & South Wing
Monday, July 8, 2024		
	NAIDOC WEEK	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
11:00	Bus Outing - \$10 Bookings Essential- Nerang Bowls Club Lunch	Meet in Foyer
1:30	Foxtel	North & South Lounge
2:00	Let's Do Crosswords Together	North Dining Room
  CHICK HATCHLINGS ARRIVE!  		
Tuesday, July 9, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Roulette and Happy Hour	North Dining Room
Wednesday, July 10, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Paint Boomerangs	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Let's Do A Jigsaw Together	North Dining Room



Ashmore Activities Program

Thursday, July 11, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Gina Singing	North Dining Room
Friday, July 12, 2024		
PYJAMA DAY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
2:00	Foxtel	North & South Lounge
2:00	Ice Cream Extravaganza	North & South Wing
Monday, July 15, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:00	Bus Outing - \$10 Bookings Essential - Heritage Museum Mudgeeraba Morning Tea	Meet in Foyer
2:00	Crocheting and Knitting Group	North Dining Room
3:00	Foxtel	North & South Lounge
Tuesday, July 16, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Paint a Picture	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room



Ashmore Activities Program

Wednesday, July 17, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Room Visits	North & South Wing
Thursday, July 18, 2024		
	🎄 ❄️ CHRISTMAS IN JULY 🎄 ❄️	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Christmas in July Trivia	North Dining Room
10:30	Foxtel	North & South Lounge
12:00	🎄 ❄️ Christmas in July Lunch 🎄 ❄️	North Dining Room
2:00	Concert and Happy Hour - Mercedes Singing	North Dining Room
Friday, July 19, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bocce	North Outside Lawn
11:00	Foxtel	North & South Lounge
2:00	Name that Tune	North Lounge Room
Monday, July 22, 2024		
9:30	Music DVD	North & South Lounge
10:00	Bus Outing \$10 - Bingo Bonanza Merrimac	North Dining Room
2:00	Knitting	North Dining Room
3:00	Foxtel	North & South Lounge



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Tuesday, July 23, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Pamper Parlour	North Dining Room
3:00	Foxtel	South & North Lounge
Wednesday, July 24, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Gardening	North Outside Area
11:00	Foxtel	North & South Lounge
2:00	Let's Travel to Paris Documentary	North Dining Room
Thursday, July 25, 2024		
INTERNATIONAL CHEESE & WINE DAY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Resident's Meeting	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Paul Singing	North Dining Room
Friday, July 26, 2024		
PARIS OLYMPIC GAMES BEGIN		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Olympic Trivia	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Hot Chocolate Marshmallows and Movie	North & South Lounge
7:30	Paris Olympic Games Opening Ceremony	North & South Lounge



Ashmore Activities Program

Monday, July 29, 2024		
9:30	Music DVD	North Dining Room
10:30	Bus Outing - \$10 Bookings Essential - St Bernard's Hotel Lunch	Meet in Foyer
1:30	Foxtel	North & South Lounge
2:00	Olympic Games Quiz Afternoon	North Dining Room
Tuesday, July 30, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Lounge
11:30	Foxtel	North & South Lounge
2:00	Hoy Cards	North Dining Room
Wednesday, July 31, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
2:00	Let's Do an Olympic Crossword	North Dining Room
3:00	Foxtel	North Dining Room

- Foxtel available every day, please see a staff member to assist with program selection
- Hairdressing available by appointment Wednesday & Thursday
- Beauty Therapy available by appointment Friday
- For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au
- Card Games every Saturday & Sunday at 10:30 in the North Dining Room
- DVDs/Videos available for weekends on request from the Lifestyle Department