

Merrimac Activities Program

Monday, September 2, 2024		
10:30	Anglican Church	Level 3 Sunroom
10:30	Social Morning Tea	Café Lily
2:00	Father's Day Afternoon Tea - Beers, Beats & Nibbles	Level 3 Outdoor Area
2:00	Dominos	Level 1 Dining Room
Tuesday, September 3, 2024		
9:30	New Exercise to Music	Level 3 Dining Room
10:30	Garden Walks with Lifestyle	Ground Floor
11:00	Advocacy Resident's Meeting	Ground Floor
2:00	Bingo	Level 2 Dining Room
2:00	Library visit with Annie	Level 3 sunroom
Wednesday, September 4, 2024		
10:00	Bus Outing \$10 - KFC in Rosser Park	Meet at Reception, Bookings Essential
10:30	Table Bowls	Level 2 Breezeway
2:00	Trivia Quiz	Level 2 Sunroom
2:00	Garden Walks with Lifestyle	Ground Floor
Thursday, September 5, 2024		
9:30	New Exercise to Music	Level 3 Dining Room
10:30	Petals in Pots Shop	Gooding Centre
10:30	Colouring & Chit Chat	Ground Floor Dining Room
2:00	Bingo	Level 2 Dining Room
Friday, September 6, 2024		
9:45	Bus Outing \$10 - Ground East Scenic Drive & Coffee	Meet at Reception, Bookings Essential
10:30	Shuffleboard	Ground Floor
10:30	Roman Catholic Church	Level1 Sunroom
2:00	Concert and Happy Hour - Gina Sings	Gooding Centre



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Monday, September 9, 2024		
10:30	Bingo	Level 2 Dining Room
10:30	Garden Walks with Lifestyle	Ground
2:00	Jenga	Level 3 Lounge Room
2:00	Movie On The Large Screen	Gooding Centre
Tuesday, September 10, 2024		
9:30	New Exercise to Music	Level 3 Dining Room
10:30	Shuffle Board	Ground Floor
10:30	Garden Walks with Lifestyle	Ground Floor
2:00	Poetry with Robbie	Level 2 Sunroom
2:00	Garden Walks with Annie	Level 3 Sunroom
Wednesday, September 11, 2024		
10:30	Bus Outing \$10 - Hugs and Mugs Café	Meet at Reception Bookings Essential
10:30	Social Morning Tea	Café Lily
2:00	Afternoon Craft with Alison and Ao	Level 2 Breezway
2:00	Concert Dvd Opera	All Floors
Thursday, September 12, 2024		
9:30	New Exercise to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Hoy Cards	Level 1 Dining Room
12:00	Student Visits	All Floors
2:00	Table Bowls	Level 2 Breezway
2:00	Wheelchair walks in the Garden	Ground
Friday, September 13, 2024		
9:45	Bus Outing \$10 - HOTA Morning tea	Meet at Reception Bookings Essential
10:30	Shuffle Board	Ground
10:30	Roman Catholic Church	Level1 Sunroom
2:00	Concert and Happy Hour - Mark Dean Sings	Gooding Centre

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Monday, September 16, 2024		
10:30	Bingo	Level 2 Dining Room
10:30	Wheelchair walks in the Garden	Ground
2:00	Movie on The Big Screen	Gooding Centre
2:00	Soft Bean Bag Toss	Level 1 Sunroom
Tuesday, September 17, 2024		
9:30	Teddy Bear's Picnic with the Pre-school Kids	Café Outdoor Area
10:30	You Tube Concert - The Seekers	All Floors
2:00	Aromatherapy and Relaxation with Ao	Level 3 Sunroom
2:00	Table Bowls	Level 2 Breezway
Wednesday, September 18, 2024		
10:30	Bus Outing \$10 - Helensvale Shopping Centre and Lunch	Meet at Reception Bookings Essential
10:30	Social Morning Tea	Café Lily
2:00	Trivia Quiz	Level 2 Sunroom
2:00	Garden Walks with Lifestyle	Ground Floor
Thursday, September 19, 2024		
9:30	New Exercise to Music	Level 3 Dining Room
10:30	Lets Do Some Gardening	Ground Outside Area
10:30	Wheelchair walks in the Garden	Ground
12:00	Ground Floor BBQ	Ground Floor
2:00	Bingo	Level 2 Dining Room
2:00	Volley Ball Tennis with Ao and Jenny	Level 3 Sunroom
Friday, September 20, 2024		
9:45	Bus Outing \$10 - Ground East Scenic Bus And Icecream	Meet at Reception Bookings Essential
10:30	Roman Catholic Church	Level1 Sunroom
2:00	Concert and Happy Hour - Mercedes Sings	Gooding Centre



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Monday, September 23, 2024		
10:30	Bingo Bonanza	Gooding Centre
10:30	Social Morning Tea	Café Lily
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Movie Happy Hour On the Big Screen	Gooding Centre
2:00	Dominos	Level 1 Dining Room
Tuesday, September 24, 2024		
	OKTOBERFEST	
9:30	New Exercise to Music	Level 3 Dining Room
10:30	Residents Meeting	Ground Floor
10:30	Room visits	All Floors
2:00	Afternoon Concert and Celebration For Oktoberfest	Level 3 Outdoor Area
2:00	Youtube Concert Peter Kraus	All Floors
Wednesday, September 25, 2024		
10:30	Bus Outing \$10 - Benowa Tavern Lunch	Meet at Reception Bookings Essential
10:30	Table Bowls	Level 2 Breezway
2:00	Casino Games	Gooding Centre
2:00	Garden Walks with Lifestyle	Ground Floor
Thursday, September 26, 2024		
9:30	New Exercise to Music	Level 3 Dining Room
10:30	Bingo	Level 2 Dining Room
10:30	Colouring and chit chat	Ground East
2:00	Trivia Quiz	Level 2 Sunroom
2:00	Black Jack Card Game	Level 3 Dining Room
Friday, September 27, 2024		
9:45	Bus Outing \$10 - Giant Chemist, Silly Sollies and Salvos Shopping	Meet at Reception Bookings Essential
10:30	Roman Catholic Church	Level1 Sunroom
2:00	Concert and Happy Hour - Alison Sings	Gooding Centre



Merrimac Activities Program

Monday, September 30, 2024		
10:30	Bingo	Level 2 Dining Room
10:30	Social Morning Tea	Café Lily
2:00	Garden Walks with Lifestyle	Ground Floor
2:00	Target Golf	Level 3 Outdoor Area
2:00	Volley Ball Tennis	Level 2 Sunroom

- Foxtel available every day in all levels lounge areas, please see a staff member to assist with program selection

- Hairdressing and Beauty Therapy available by appointment
For bookings contact 5559 3226

- The Library has moved and is located in Level 3 Sunroom. If you require any help Lifestyle are happy to assist.

- To book bus trips:
Please contact Reception or the Lifestyle team on 5559 3222 or email Lifestyle@hillviewcare.com.au

- DVDs/Videos available for weekends on request from the Leisure & Lifestyle department

Café Open 7 Days from 9:30 - 1:30pm (excluding public holidays)

