



Ashmore Activities Program

Monday, September 2, 2024		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - Scenic Drive & Morning Tea	Meet in foyer
2:00	Dominoes	North Dining Room
3:00	Foxtel	North & South Lounge
Tuesday, September 3, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Let's Do Crosswords	North Dining Room
3:00	Foxtel	North & South Lounge
Wednesday, September 4, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
11:00	Aged & Disability Advocacy	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Jigsaw Puzzles & Games	North Dining Room
Thursday, September 5, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Relaxation & Massage with Vanessa	North Lounge
1:30	Foxtel	North & South Lounge
2:00	Concert & Happy Hour - Gina Sings	North Dining Room
Friday, September 6, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
2:00	Casino Afternoon	North Dining Room
3:00	Foxtel	North & South Lounge

Ashmore Activities Program

Monday, September 9, 2024		
9:30	Movie DVD	North Dining Room
9:45	Bus Outing \$10 - Bookings Essential - Swell Sculptures Picnic	Meet in Foyer
2:00	Knitting Club	North Dining Room
2:30	Foxtel	North & South Lounge
Tuesday, September 10, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Karaoke Sing-A-Long	North Dining Room
Wednesday, September 11, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning tea & News	North Dining Room
10:30	Bean Bag Target Toss	North Dining Room
11:30	Foxtel	North & South Lounge
2:00	Search for Matching Colours Games	North Dining Room
Thursday, September 12, 2024		
	CHOCOLATE MILKSHAKE DAY	
9:30	Exercises	North Dining Room
10:00	Social Morning tea & News	North Dining Room
10:30	Let's Make Milkshakes	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Concert & Happy Hour - Mark Dean Sings	North Dining Room



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Friday, September 13, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning tea & News	North Dining Room
10:30	Think Outside the Box	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Ice Cream & Movie	North & South Lounge
Monday, September 16, 2024		
9:30	Music DVD	North Dining Room
9:30	Bus Outing \$10 - Bookings Essential - Botanical Gardens	Meet in Foyer
11:30	Foxtel	North & South Lounge
2:00	Who Am I?	North Dining Room
Tuesday, September 17, 2024		
9:30	Music DVD	North Dining Room
9:30	Bus Outing \$10 - Bookings Essential - Great Ladies of Jazz Show at Twin Towns	Meet in Foyer
2:00	Foxtel	North & South Lounge
Wednesday, September 18, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Concert & Happy Hour - Alison Sings	North Dining Room
Thursday, September 19, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Resident's Meeting	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Name That Tune	North Dining Room

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Friday, September 20, 2024		
PIZZA DAY		
9:30	Exercises	North Dining Room
10:00	Socail Morning Tea & News	North Dining Room
10:30	Let's Make Pizzas	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Arm Chair Travel to Italy	North Lounge
Monday, September 23, 2024		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - Bingo Bonanza Merrimac	Meet in Foyer
11:30	Foxtel	North & South Lounge
2:00	Room visits	North & South Wings
Tuesday, September 24, 2024		
	OKTOBERFEST	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Oktoberfest Concert with Zoltan & the Huns	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Wednesday, September 25, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Racket Volley Ball	North Dining Room
2:00	Trivia	North Dining Room
3:00	Foxtel	North & South Lounge



Ashmore Activities Program

Thursday, September 26, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
11:30	Resident's BBQ - Oktoberfest	North Dining Room
2:00	Concert & Happy Hour - Mercedes Sings	North Dining Room
3:00	Foxtel	North & South Lounge
Friday, September 27, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Make Fruit Smoothies	North Dining Room
11:00	Foxtel	North & South Lounge
2:00	Name That Tune	North Lounge Room
Monday, September 30, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - HOTA	Meet in Foyer
2:00	Let's Play Scrabble	North Dining Room
3:00	Foxtel	North & South Lounge



HILLVIEW
PREMIUM AGED CARE

Ashmore Activities Program

- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au**
- **Card Games every Saturday & Sunday at 10:30 in the North Dining Room**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**