



HILLVIEW

PREMIUM AGED CARE

Ashmore Activities Program

Friday, November 1, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
11:30	Neil Diamond in Concert You Tube	North & South Lounge
2:00	Room Visit	North & South Wing
Monday, November 4, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - NorthCliff Surf Club Lunch	Meet In Foyer
1:30	You Tube Concert	North & South Lounge
2:00	Lets Decorate our Christmas Tree	North Dining Room
Tuesday, November 5, 2024		
MELBOURNE CUP DAY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Horse Race Game	North Dining Room
11:30	Melbourne Cup High Tea Lunch	North Dining Room
2:00	Watch the Race that Stops a nation	North Dining Room
Wednesday, November 6, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets make Corn Flake Biscuits	North Dining Room
1:00	You Tube	North & South Lounge
2:00	Bingo	North Dining Room
Thursday, November 7, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Casino Games	North Dining Room
1:00	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Tom in Concert	North Dining Room



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Friday, November 8, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Rememberance Day Craft	North Dining Room
2:00	You Tube Dean Martin in Concert	North Lounge Room
2:00	Lets Decorate our Christmas Tree	South Dining Room
Monday, November 11, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Rememberance Day Service	North Outside Area
2:00	Lets Play Two Up	North Dining Room
3:00	You Tube The War Years	North & South Lounge
Tuesday, November 12, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Drumming to Music	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Bingo	North Dining Room
Wednesday, November 13, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Teddy Bears Pinic with Kool Kids Ashmore	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Hoy Cards	North Dining Room
Thursday, November 14, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Meditation & Relaxation	North Lounge Room
0:30	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - The Cowboy in Concert	North Dining Room



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Friday, November 15, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Quiz	North Dining Room
10:30	David Attenborough Nature Documentary	North & South Lounge
2:00	Wedding Photo stories	North Dining Room
Monday, November 18, 2024		
9:30	Music DVD	North Dining Room
9:30	Bus Outing \$10 - Bookings Essential - Shopping at Stocklands Burlingame	Meet In Foyer
1:30	You Tube Documentary	North & South Lounge
2:00	Knitting Club	North Dining Room
Tuesday, November 19, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	UNO Cards	North Dining Room
3:00	Television Tipping Point	North Lounge Room
Wednesday, November 20, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Tongue Twisters	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Dominos	North Dining Room
Thursday, November 21, 2024		
9:30	Music DVD	North Dining Room
9:45	Bus Trip To Merrimac Christmas Markets	Meet In Foyer
2:00	Concert and Happy Hour - Mark in Concert	North Dining Room



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Friday, November 22, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
10:30	Foxtel	North & South Lounge
2:00	Karaoke Sing A Long	North & South Lounge
Monday, November 25, 2024		
9:30	Music DVD	North & South Lounge
10:30	Bus Outing \$10 - Bookings Essential Green Day Café	Meet In Foyer
11:30	Foxtel	North & South Lounge
2:00	Lets do a Crossword together	North Dining Room
Tuesday, November 26, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
11:00	You Tube	North & South Lounge
2:00	Pamper Palour	North Dining Room
Wednesday, November 27, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Raquet Volley Tennis	North Dining Room
2:00	ArmChair Travel to Canada	North Lounge Room
3:00	Television Tipping Point	North & South Wing
Thursday, November 28, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting	North DiningRoom
11:30	Residents BBQ	North Outside Area
2:00	Concert and Happy Hour - Gina in Concert	North Dining Room



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Friday, November 29, 2024		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag Target Toss	North Dining Room
2:00	Ice Cream Extravagnaza	North & South Wing
3:00	Television Tipping Point	North Lounge Room

- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**