

	Wednesday, January 1, 2025	
	NEW YEARS DAY PUBLIC HOLIDAY	
	Thursday, January 2, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Racquet Ball Tennis	North Dining Room
2:00	YouTube visit to Africa	South Lounge Room
2:00	Concert and Happy Hour - Gina Sings	North Dining Room
	Friday, January 3, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
1:30	YouTube	North & South Lounge
2:00	Casino Games	North Dining Room
	Saturday, January 4, 2025	
9:30	Meditation & Relaxation with Vanessa	North Lounge
	Monday, January 6, 2025	
9:30	Music DVD	North & South Lounge
10:30	Bus Outing \$10 - Bookings Essential Scenic Drive	Meet in Foyer
2:00	Let's play Dominos and Jigsaws	North Dining Room
3:00	TV Tipping Point	North & South Lounge
	Tuesday, January 7, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
12:30	YouTube	North & South Lounge
2:00	Knitting Club	North Dining Room
	Wednesday, January 8, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining room
10:30	Floral Arranging	North Dining Room
2:00	Hoy Cards	North Dining Room
3:00	TV Tipping Point	North & South Lounge



	Thursday, January 9, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Play UNO	North Dining Room
2:00	Wildlife Documentary	North & South Lounge
2:00	Concert and Happy Hour - Mark Dean Sings	North Dining Room
	Friday, January 10, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Silly Trivia	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Ice Cream Extravaganza	North & South Lounge
	Monday, January 13, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential CSI Club for Lunch	Meet in Foyer
2:00	Let's Paint a Picture	North Dining Room
3:00	TV Tipping Point	North & South Lounge
	Tuesday, January 14, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
12:30	YouTube - The Great Ocean	North & South Lounge
2:00	Armchair Travel To Austria	North & South Lounge
	Wednesday, January 15, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's play with Clay	North Dining Room
2:00	Let's do a Jigsaw Puzzle together	North Dining Room
3:00	Concert with Engelbert Humperdinck	North & South Lounge



	Thursday, January 16, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Drumming To Music	North Dining Room
2:00	Foxtel Crime Investigations	North & South Lounge
2:00	Concert and Happy Hour - Lisa Sings	North Dining Room
	Friday, January 17, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	South Lounge Room
1:00	YouTube - Animals In The Wild	North & South Lounge
2:00	Karoake Sing-a-long	North & South Lounge
	Saturday, January 18, 2025	
9:30	Meditation & Relaxation with Vanessa	South Lounge
	Monday, January 20, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Fish & Chips In the Park	Meet in Foyer
2:00	Pamper Palour	North Dining Room
3:00	TV Tipping Point	North & South Lounge
	Tuesday, January 21, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Paint a Picture	North Dining Room
12:30	YouTube - Dolly Parton in Concert	North & South Lounge
2:00	Let's do Crosswords together	North Dining Room
	Wednesday, January 22, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
2:00	Dominoes	North Dining Room
3:00	TV Tipping Point	North & South Lounge



	Thursday, January 23, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents & Food Focus Meeting	North Dining Room
2:00	Foxtel	North & South Lounge
2:00	Concert and Happy Hour - Marina Sings	North Dining Room
	Friday, January 24, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Aussie Day 'Dunny Tossing'	North Dining Room
11:30	Resident's BBQ Aussie Style	North Outside Area
2:00	Let's Travel around Australia Documentary	North & South Lounge
	Monday, January 27, 2025	
	AUSTRALIA DAY PUBLIC HOLIDAY	
	Tuesday, January 28, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
12:30	YouTube - The Bee Gees in Concert	North & South Lounge
2:00	Colouring activity	North Dining Room
	Wednesday, January 29, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag Target Toss	North Dining Room
2:00	Karoake Sing-a-long	North & South Lounge
3:00	Foxtel	North & South Lounge
	Thursday, January 30, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Trivia	North Dining Room
2:00	Tenpin Bowling	North Dining Room



	Friday, January 31, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Elvis Show	North Dining Room
1:30	Foxtel	North & South Lounge
2:00	Conversation & Drinks In the Garden	North Outside Area

- Foxtel available every day, please see a staff member to assist with program selection
- Hairdressing available by appointment Wednesday & Thursday
- Beauty Therapy available by appointment Friday
- For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au
- DVDs/Videos available for weekends on request from the Lifestyle Department