



Ashmore Activities Program

Monday, February 3, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Paradise Bowls Club	Meet in Foyer
11:00	YouTube - Neil Diamond in Concert	North & South Lounge
2:00	Board Games	North Dining Room
3:00	Tipping Point TV	North & South Lounge
Tuesday, February 4, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
12:30	YouTube	North & South Lounge
2:00	Knitting Group	North Dining Room
Wednesday, February 5, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Valentines Craft	North Dining Room
2:00	Let's Do 'Search a Word' Together	North Dining Room
2:00	YouTube - The Everly Brothers	North & South Lounge
3:00	Tipping Point TV	North & South Lounge
Thursday, February 6, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	EVENT: 🌸 Sakura Japanese Dance Group 🌸	North Dining Room
2:00	YouTube	North & South Lounge
2:00	Meditation and Relaxation with Massage	North Lounge Room
Friday, February 7, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
1:30	YouTube	North & South Lounge
2:00	ArmChair Travel To Japan	North & South Lounge



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Monday, February 10, 2025		
9:30	Music DVD	North Dining Room
10:00	Bus Outing \$10 - Bookings Essential - Green Day Café	Meet in Foyer
11:00	YouTube	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Lounge
3:00	Television Tipping Point	North & South Lounge
Tuesday, February 11, 2025		
MASQUERADE DINNER & SHOW		
11:00	Music DVD	North & South Lounge
4:00	EVENT: Show & Drinks with Paul	North Dining Room
5:15	EVENT: Masquerade Dinner	North Dining Room
Wednesday, February 12, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Hoy Cards	North Dining Room
2:00	Armchair Travel To Mexico	North & South Lounge
3:00	Television Tipping Point	North & South Lounge
Thursday, February 13, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Racquet Ballon Tennis	North Dining Room
2:00	YouTube Let's Go Fishing	North & South Lounge
2:00	Concert and Happy Hour - Mandy	North Dining Room
Friday, February 14, 2025		
VALENTINE'S DAY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Valentine's Day History and Trivia	North Dining Room
1:30	Love Movie	North & South Lounge
2:00	Name That Love Song	North Outside Area



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Monday, February 17, 2025		
9:30	Music DVD	North Dining Room
10:00	Bus Outing \$10 - Bookings Essential - Arts Centre Morning Tea	Meet in Foyer
11:00	YouTube Wildlife of Africa	North & South Lounge
2:00	Lets Cook	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, February 18, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
12:30	You Tube	North & South Lounge
2:00	Board Games	North Dining Room
Wednesday, February 19, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Play UNO	North Dining Room
2:00	YouTube - Art Musuem of Itlay	North & South Lounge
Thursday, February 20, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Resident's Meeting	North Dining Room
11:30	Residents BBQ	North Dining Room
2:00	Concert and Happy Hour - Mark Dean Singing	North Dining Room
Friday, February 21, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
1:30	YouTube	North & South Lounge
2:00	Ice Cream Extravagnaza	Nort & South Wing



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Monday, February 24, 2025		
9:30	Exercises	North Dining Room
10:00	Bus Outing \$10 - Bookings Essential - Fish & Chips Dbah	Meet in Foyer
10:00	YouTube - Bee Gees In Concert	North & South Lounge
2:00	Who Am I	North Dining Room
Tuesday, February 25, 2025		
9:30	GOLD COAST LIBRARY BOOKS DELIVERY	North Dining Room
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
12:30	YouTube	North & South Lounge
2:00	Dominos and UNO Cards	North Dining Room
Wednesday, February 26, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Music Quiz	North Dining Room
2:00	YouTube - Let's Visit France	North & South Lounge
Thursday, February 27, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Tenpin Bowling	North Dining Room
2:00	YouTube	North & South Lounge
2:00	Concert and Happy Hour - Maria Sings	North Dining Room
Friday, February 28, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Words Quiz	South Lounge Room
1:30	You Tube	North & South Lounge
2:00	Drinks & Chit Chat in the Garden	North Outside Area



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- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**