







Ashmore Activities Program

Monday, March 3, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential Currumbin Eco Café	Meet in Foyer
2:00	Animal crafts	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, March 4, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea	North Dining Room
10:30	Bingo	North Dining Room
12:30	You Tube	North & South Lounge
2:00	Animal Trivia	North Dining Room
Wednesday, March 5, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's paint Aussie animals	North Dining Room
2:00	Hoy cards	North Dining Room
3:00	You Tube	North & South Lounge
Thursday, March 6, 2025		
☹	🦎🦎🦎 REPTILE SHOW 🦎🦎🦎	☹
9:30	Exercises	North Dining Room
10:00	Social Morning Tea	North Dining Room
10:30	Reptile Show	North Dining Room
2:00	You Tube Animals of South Africa	North & South Lounge
2:00	Concert and Happy Hour - Mercedes Singing	North Dining Room
Friday, March 7, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	White Board Quiz	North Dining Room
1:30	You Tube	North & South Lounge
2:00	Ice Cream and A Movie	North & South Lounge
Monday, March 10, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea	North Dining Room
10:30	Table Bowls	North Dining Room
11:00	You Tube	North & South Lounge
2:00	Casino Games	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, March 11, 2025		

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9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
12:30	You Tube	North & South Lounge
2:00	Knitting Club	North Dining Room
Wednesday, March 12, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Drumming to Music	North Dining Room
2:00	Lets Do Crosswords Together	North Dining Room
3:00	You Tube	North & South Lounge
Thursday, March 13, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
2:00	You Tube	North & South Lounge
2:00	Concert and Happy Hour - Mark Dean Singing	North Dining Room
Friday, March 14, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	UNO Cards	North Dining Room
1:30	YouTube	North & South Lounge
2:00	Karaoke Sing A Long	North Lounge
Monday, March 17, 2025		
	 ST PATRICK'S DAY 	  
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Pot Of GOLD Irish game	North Dining Room
2:00	Irish Trivia & Music	North Dining Room
2:00	YouTube Celtic Dance Group	North & South Lounge
Tuesday, March 18, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Cook Irish Fifteens	North Dining Room
12:30	You Tube	North & South Lounge
2:00	Armchair Travel to Ireland	North & South Lounge
Wednesday, March 19, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room

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10:30	Bingo	North Dining Room
2:00	Hoy cards	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, March 20, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Resident & Food Focus Meeting	North Dining Room
11:30	Resident's BBQ	North Outside Area
2:00	You Tube	North & South Lounge
2:00	Name That Tune	North Outside Area
Friday, March 21, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Concert Happy Hour - Alison Singing	North Dining Room
11:30	You Tube	North & South Lounge
2:00	Ice Cream and A Movie	North & South Lounge
Monday, March 24, 2025		
9:30	Exercises	North Dining Room
10:00	Bus Outing \$10 - Bookings Essential - Fish and Chips at the Spit and a walk	Meet in Foyer
11:00	You Tube	North & South Lounge
2:00	Poetry with Robbie	North Lounge
3:00	Television Tipping Point	North & South Lounge
Tuesday, March 25, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Tenpin Bowling	North Dining Room
12:30	You Tube	North & South Lounge
2:00	Board Games	North Dining Room
Wednesday, March 26, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Colouring In	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, March 27, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft with Ao	North Dining Room

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2:00	You Tube	North & South Lounge
2:00	Concert and Happy Hour - Marina Singing	North Dining Room
Friday, March 28, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Quiz	North Dining Room
2:00	Karaoke Sing A Long	North Lounge Room
Monday, March 31, 2025		
9:30	YouTube Music	North & South Lounge
10:00	Bus Outing \$10 - Bookings Essential - Greenday café morning tea	Meet in Foyer
11:00	Armchair Travel South Africa	North & South Lounge
2:00	Pamper Parlour	North Dining Room

- Foxtel available every day, please see a staff member to assist with program selection
- Hairdressing available by appointment Wednesday & Thursday
- Beauty Therapy available by appointment Friday
- For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au
- DVDs/Videos available for weekends on request from the Lifestyle Department