



Merrimac Activities Program

Tuesday, April 1, 2025		
9:30	Special Exercise to Music with Robbie & Vanessa	Level 2 Dining Room
10:15	Bus Outing - Super Q Shopping	Meet at Reception, bookings essential
10:30	Social Morning Tea	Ground Floor
2:00	Relaxation Meditation and Massages	Gooding Centre
1:30	Annie's Room Visits	Ground North
2:00	Reading Poetry Together with Annie	Level 1 Sunroom
2:00	Colouring and Chit Chat	Ground Dining Room
Wednesday, April 2, 2025		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Morning Tea with Happy Days Disability Group	Gooding Centre
10:30	Wheelchair Walks in the Garden	Ground Floor
2:00	Bingo	Level 2 Dining Room
2:00	Table Bowls	Level 1 Breezeway
2:00	You Tube Concert - Doris Day	All Floors
2:00	Exercises Group with KYM	Gooding Centre
Thursday, April 3, 2025		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing - St Bernard's Hotel Lunch	Meet at Reception, bookings essential
10:30	Garden Walks with Lifestyle	Ground outdoors
10:30	Trivia Quiz	Level 2 Sunroom
12:50	Senior School Students visit - all welcome!	Level 3 Outdoor Area
2:00	Baking Easter Bunny Biscuits with Chloe & Jenny	Level 3 Dining Room
2:00	Let's Play Hoy Cards	Level 1 Dining Room



Merrimac Activities Program

Friday, April 4, 2025		
9:30	Exercises Group with KYM	Gooding Centre
10:30	Roman Catholic Church	Level 2 Sunroom
10:30	Shuffle Board	Ground Floor
11:00	Exercises Group with KYM	Gooding Centre
2:00	Concert and Happy Hour - The Cowboy	Gooding Centre
Saturday, April 5, 2025		
9:00	Reminiscing 'The Way it Was' with Annie	Level 2 Sunroom
10:30	Hoy Cards with Annie	Level 2 Dining Room
Monday, April 7, 2025		
9:30	Exercises Group with KYM	Gooding Centre
10:30	Anglican Church	Level 3 Sunroom
10:30	Social Morning Tea	Café Lily
11:00	Exercises Group with KYM	Gooding Centre
1:30	Exploring the Garden and Beyond with Annie	Ground Floor
2:00	Bingo	Level 2 Dining Room
2:00	Board Games	Level 1 Dining Room
Tuesday, April 8, 2025		
9:30	Special Exercises to Music with Vanessa	Level 2 Dining Room
10:15	Bus Outing - George's Paragon Seafood Resturant Lunch	Meet at Reception, bookings essential
10:30	Social Morning Tea	Ground Outdoor Area
1:30	Annie's Room Visits	Ground North
2:00	Guess the Baby' Photo with Annie	Level 2 Sunroom
2:00	Performance with Our Student Friend Mia	Gooding Centre
2:00	YouTube Concert - Billy Haley and the Comets	All Floors
2:00	Racquet Ball with Vanessa	Ground Floor



Merrimac Activities Program

Wednesday, April 9, 2025		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Wheelchair Walks in the Garden	Ground outdoors
2:00	Target Golf	Level 3 Outdoor Area
2:00	Exercises Group with KYM	Gooding Centre
2:00	Hoy Cards	Ground Floor
Thursday, April 10, 2025		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing - Shopping & Lunch at Stocklands	Meet at Reception, bookings essential
10:30	Garden walk with Wheelchairs	Ground outdoors
2:00	Easter Craft with Ash & Jenny	Level 2 Breezeway
2:00	Relaxation Meditation and Massages	Gooding Centre
2:00	YouTube Concert - Frank Sinatra	All Floors
Friday, April 11, 2025		
9:30	Exercises Group with KYM	Gooding Centre
10:30	Roman Catholic Church	Level 2 Sunroom
10:30	Shuffle Board	Ground Floor
11:00	Exercises Group with KYM	Gooding Centre
2:00	Concert and Happy Hour - Chris Bent	Gooding Centre



Merrimac Activities Program

Monday, April 14, 2025		
9:30	Exercises Group with KYM	Gooding Centre
10:30	Bingo	Level 2 Dining Room
10:30	Social Morning Tea	Café Lily
11:00	Exercises Group with KYM	Gooding Centre
1:30	Fun Trivia (Land Marks) with Annie	Level 3 Sunroom
2:00	Movie Happy Hour on the Big Screen - <i>Anyone But You</i>	Gooding Centre
2:00	Board Games	Level 2 Dining Room
Tuesday, April 15, 2025		
9:30	Special Exercise to Music with Robbie and Chloe	Level 2 Dining Room
10:15	Bus Outing - Morning Tea & Walk at Botanic Gardens	Meet at Reception, bookings essential
10:30	Social Morning Tea	Ground Outdoor Area
1:30	Annie's Room Visits	Ground North
2:00	Racquet Ball with Annie	Level 1 Sunroom
2:00	Poetry with Robbie	Level 2 Sunroom
2:00	Relaxation Meditation and Massages	Gooding Centre
Wednesday, April 16, 2025		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Easter Egg Hunt & Morning Tea with Pre-school Children	Ground Café Area
2:00	Bingo	Level 2 Dining Room
2:00	Exercise Group with KYM	Gooding Centre
2:00	Garden Walks with Lifestyle	Ground Floor



Merrimac Activities Program

Thursday, April 17, 2025		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bus Outing - Scenic Drive and Morning Tea	Meet at Reception, bookings essential
10:30	Garden walk with Wheelchairs	Ground outdoors
12:00	Level 2 BBQ	Level 2 Breezeway
2:00	Concert and Happy Hour - Robbie Sings	Level 3 outdoor Area
2:00	YouTube Buddy Holly	All Floors
Friday, April 18, 2025		
PUBLIC HOLIDAY - GOOD FRIDAY		
Monday, April 21, 2025		
PUBLIC HOLIDAY - EASTER MONDAY		
Tuesday, April 22, 2025		
9:30	Exercise to Music	Level 1 and 2 Lounge
10:30	Bus Outing - BBQ at Hinze Dam	Meet at Reception, bookings essential
10:30	Sensory Memory Game with Vanessa	Level 2 Sunroom
2:00	Relaxation Meditation and Massages	Gooding Centre
2:00	Colouring and Chit Chat	Ground Dining Room
1:30	Annie's Room Visits	Ground North
2:00	Annie's Room Visits	Level 1
Wednesday, April 23, 2025		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Bingo	Level 2 Dining Room
10:30	Garden Walks with Lifestyle	Ground outdoors
2:00	Craft	Level 2 Breezeway
2:00	Exercises Group with KYM	Gooding Centre
2:00	Board Games	Ground Floor



Merrimac Activities Program

Thursday, April 24, 2025		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:00	Anzac Day Service	Gooding Centre
2:00	Baking Anzac Biscuits with Ash & Chloe	Level 2 Dining Room
2:00	YouTube Movie - Gallipoli	All Floors
2:00	Large Dominos with Vanessa	Level 1 Dining Room
Friday, April 25, 2025		
PUBLIC HOLIDAY - ANZAC DAY		
Monday, April 28, 2025		
9:30	Exercises Group with KYM	Gooding Centre
10:30	Bingo	Level 2 Dining Room
10:30	Social Morning Tea	Café Lily
11:00	Exercises Group with KYM	Gooding Centre
1:30	Games with Annie	Ground Dining Room
2:00	Movie Happy Hour on the Big Screen	Gooding Centre
2:00	Table Bowls	Level 1 Breezeway
Tuesday, April 29, 2025		
10:00	Playmates Morning Tea with the children	Gooding Centre
10:30	Wheelchair Walks in the Garden	Ground Floor
2:00	Ice Cream Extravaganza	All Floors
2:00	Relaxation Meditation and Massages	Gooding Centre
2:00	Jenga	Level 1 Lounge Room



Merrimac Activities Program

Wednesday, April 30, 2025		
9:30	Exercises to Music	Level 1 and 2 Lounge
10:30	Resident's Meeting	Ground Dining Room
2:00	Bingo	Level 2 Dining Room
2:00	Karaoke Sing-a-Long	Ground East
2:00	Exercises Group with KYM	Gooding Centre
2:00	YouTube Concert - Ella Fitzgerald	All Floors
<p>• Foxtel available every day in all levels lounge areas, please see a staff member to assist with program selection</p> <p>• Hairdressing and Beauty Therapy available by appointment For bookings contact 5559 3226</p> <p>• The Library has moved and is located on Level 3 Sunroom Sunroom If you require any help Lifestyle are happy to assist.</p> <p>• To book bus trips: Please contact Reception or the Lifestyle team on 5559 3222 or email Lifestyle@hillviewcare.com.au</p> <p>• DVDs/Videos available for weekends on request from the Leisure & Lifestyle department</p> <p>Café Open 7 Days from 9:30 - 1:30pm (excluding Public Holidays)</p>		