



Ashmore Activities Program

Monday, June 2, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:00	Bus Outing \$10 - Bookings Essential - HOTA	Meet in Foyer
11:00	You Tube Animals In The Wild	North & South Lounge
2:00	Lets do Crosswords Together	North Dining Room
3:00	Television Tipping Point	North Lounge
Tuesday, June 3, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Ten Pin Bowling	North Dining Room
12:30	Arm chair travel to Peru	North & South Lounge
2:00	Board Games	North Dining Room
Wednesday, June 4, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
10:30	You Tube	North & South Lounge
2:00	Hoy cards	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, June 5, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Paint a Picture	North Dining Room
2:00	Concert and Happy Hour - With Terry	North Dining Room



Ashmore Activities Program

Friday, June 6, 2025		
QUEENSLAND DAY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Queensland Day Quiz & Toad Game	North Dining Room
1:30	Armchair Travel Around Queensland	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wing
Monday, June 9, 2025		
9:30	Documentary about Space	North & South Lounge
9:30	Bus Outing \$10 - Bookings Essential - Green Day Cafe	Meet in Foyer
2:00	Pamper Palour	North Dining Room
3:00	Television Tipping Point	North Lounge
Tuesday, June 10, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft	North Dining Room
2:00	YouTube Barbara Streisand in Concert	North & South Lounge
2:00	Bingo	North Dining Room
Wednesday, June 11, 2025		
9:30	Bus Outing \$10 - Bookings Essential - Playmatters at Merrimac	Meet in Foyer
9:30	You Tube Neil Diamond In Concert	North & South Lounge
2:00	Hoy cards	North Dining Room
3:00	Television Tipping Point	North Lounge
Thursday, June 12, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
2:00	Relaxation Meditation & Massage	North Lounge
2:00	Television Tipping Point	North Lounge



Ashmore Activities Program



Friday, June 13, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Concert with Alison	North Dining Room
1:30	Arm Chair Travel to Portugal	North & South Lounge
2:00	Drinks and Conversation in the Garden	North Outside Area
Monday, June 16, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Main Beach Surf Club Lunch	Meet in Foyer
11:00	You Tube Amazing Amazon	North & South Lounge
2:00	Uno Cards	North Dining Room
3:00	Television Tipping Point	North Lounge
Tuesday, June 17, 2025		

GOLD COAST LIBRARY BOOK PICK UP

9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing Steps Walking Group	Meet In Foyer
10:30	Bocce	North Outside Area
1:00	You Tube Lets Go Fishing	North & South Lounge
2:00	Who Am I Music Artists	North Dining Room
Wednesday, June 18, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Knitting Group	North Dining Room
3:00	Television Tipping Point	North & South Lounge





Ashmore Activities Program

Thursday, June 19, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting	North Dining Room
11:30	YouTube Nat King Cole In Concert	North & South Lounge
2:00	Concert and Happy Hour - Zoltan	North Dining Room
Friday, June 20, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft	North Dining Room
11:30	Youtube Famous Mountains	North & South Lounge
2:00	Ice Cream & Movie	North & South Lounge
Monday, June 23, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Fox & Hound for Lunch	Meet in Foyer
2:00	YouTube Fiddler On The Roof	North & South Lounge
2:00	Quailty room Visits	North & South Lounge
3:00	Television Tipping Point	North Lounge Room
Tuesday, June 24, 2025		
	MULTICULTURAL WEEK - Croatia	
9:30	Exercises	North Dining Room
10:00	Bus Outing Steps Walking Group	Meet in Foyer
10:30	Bocanje Bocce	North Outside Area
11:30	Multicultural Lunch Experience Croatia	North & South Dining
2:00	Armchair Travel to Croatia	North & South Lounge



Ashmore Activities Program

	Wednesday, June 25, 2025	
	MULTICULTURAL WEEK - Austria	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Trivia about Austria	North Dining Room
11:30	Multicultural Lunch Experience Austria	North & South Dining
2:00	Armchair Travel to Austria	North & South Lounge
3:00	Television Tipping Point	North & South Lounge
	Thursday, June 26, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting	North Dining Room
10:30	You Tube Sailing on the Ocean	North & South Lounge
2:00	Concert and Happy Hour - with Robbie	North Dining Room
	Friday, June 27, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
2:00	Karaoke Sing A Long	North & South Lounge
3:00	Television Tipping Point	North & South Lounge
	Monday, June 30, 2025	
9:30	Exercises	North Dining Room
10:00	Bus Outing \$10 - Bookings Essential - Scenic Drive	Meet in Foyer
10:00	You Tube Great Barrier Reef	North & South Lounge
2:00	Casino Games Afternoon	North Dining Room



Ashmore Activities Program

- Foxtel available every day, please see a staff member to assist with program selection
 - Hairdressing available by appointment Wednesday & Thursday
 - Beauty Therapy available by appointment Friday
 - For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au
 - Card Games every Saturday & Sunday at 10:30 in the North Dining Room
 - DVDs/Videos available for weekends on request from the Lifestyle Department
- Activity schedule is subject to change