



Ashmore Activities Program

Thursday, May 1, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Lounge Room
10:30	Racquet Balloon Tennis	North Dining Room
1:30	You Tube Bee Gees In Concert	North & South Lounge
2:00	Relaxation & Meditation	North Loounge
Friday, May 2, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Roy Orbison Tribute Show	North Dining Room
2:00	Movie & Ice Cream	North & South Lounge
Monday, May 5, 2025		
LABOUR DAY PUBLIC HOLIDAY		
Tuesday, May 6, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Tablebowls	North Dining Room
1:30	You Tube ABBA in Concert	North & South Lounge
2:00	Mothers Day Craft	North Dining Room
Wednesday, May 7, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Lets Bake Cupcakes	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, May 8, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Lounge Room
10:30	Mothers Day Craft	North Dining Room
10:30	You Tube Animals of South Africa	North & South Lounge
2:00	Lets Decorate Cupcakes	North Dining Room



Ashmore Activities Program

Friday, May 9, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Concert with Alison	North Dining Room
12:00	Mothers Day High Tea Lunch	North Outside Area
2:00	Dinks and Conversation in the Garden	North Outside Area
3:00	Television Tipping Point	North & South Lounge
Monday, May 12, 2025		
9:30	Exercises	North Dining Room
10:30	Bus Outing \$10 - Bookings Essential - Georges Paragon Lunch	Meet in Foyer
2:00	Cooking	North Dining Room
3:00	Armchair Travel to Greece	North & South Lounge
Tuesday, May 13, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
1:30	You Tube Pyramids of Egypt	North & South Lounge
2:00	Lets do Jigsaw Puzzles Together	North Dining Room
Wednesday, May 14, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Paint a Picture	North Dining Room
2:00	Hoy Cards	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, May 15, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Balloon Tennis	North Dining Room
10:30	Arm Chair Travel to Spain	
2:00	Concert and Happy Hour with Lisa	North Dining Room



Ashmore Activities Program

Friday, May 16, 2025		
9:30`	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Quiz	North Dining Room
11:00	You Tube Beatles in Concert	North & South Lounge
2:00	Karaoke Sing Along and Happy Hour	North & South Lounge
3:00	Television Tipping Point	North & South Lounge
Monday, May 19, 2025		
9:30	Muscic DVD	North & South Lounge
9:45	Bus Outing \$10 - Bookings Essential - Shopping Q Super Store	Meet in Foyer
2:00	Lets play UNO	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, May 20, 2025		
GOLD COAST LIBRARY BOOK PICK UP		
9:30	Exercises	North Dining room
9:30	Bus Trip- Walking Group with Vanessa & Katie	Meet in Foyer
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Refresh some Garden Pots	North Dining Room
12:30	You Tube Platters in Concert	North & South Lounge
2:00	Lets play Board Games	North Dining Room
Wednesday, May 21, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Knitting Club	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, May 22, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Residents Meeting	North Dining Room
11:30	Residents BBQ	North Outside Area
2:00	Concert and Happy Hour - Paul Singing	North Dining Room



Ashmore Activities Program

Friday, May 23, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Quiz	North Dining Room
1:30	Arm Chair travel to Russia	South Lounge Room
2:00	Ice Cream and a Movie	North & South Lounge
Monday, May 26, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing - Bookings Essential - St Bernhards Hotel Lunch	Meet in Foyer
2:00	You Tube Mega Dams of the World	North & South Lounge
3:00	Television Tipping Point	North & South Lounge
Tuesday, May 27, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Tenpin Bowling	North Dining Room
2:00	Hoy Cards	North Dining Room
3:00	You Yube The Supremes in Concert	North & South Lounge
Wednesday, May 28, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Lets do Crosswords Together	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, May 29, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Tablebowls	North Dining Room
2:00	Concert and Happy Hour - Marina Singing	North Dining Room



Ashmore Activities Program

Friday, May 30, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
2:00	Ice Cream and a Movie	North & South Lounge

- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Wednesday & Thursday**
- **Beauty Therapy available by appointment Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au**
- **Card Games every Saturday & Sunday at 10:30 in the North Dining Room**
- **DVDs/Videos available for weekends on request from the Lifestyle Department**