







Ashmore Activities Program

	Friday, August 1, 2025	
	INTERNATIONAL BEER DAY	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Beer Quiz	North Dining Room
1:30	YouTube: Visit the Guinness Factory	North & South Lounge
2:00	Beer Tasting Afternoon	North Outside Area
	Monday, August 4, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Southport Surf Club Lunch	Meet in Foyer; Bookings Essential
2:00	Let's Bake: Choc Chip Biscuits	North Dining Room
3:00	Television Tipping Point	North Dining Room
	Tuesday, August 5, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Paint a Picture	North Dining Room
2:30	YouTube: Famous Beaches	North & South Lounge
2:00	Bingo	North Dining Room
	Wednesday, August 6, 2025	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Make Smoothies	North Dining Room
2:00	Movie and Ice Cream	North & South Lounge
	Thursday, August 7, 2025	
	JEANS FOR GENES DAY	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Tenpin Bowling	North Lounge
11:00	YouTube: Neil Diamond in Concert	North & South Lounge
2:00	Concert & Happy Hour with Paul	North Dining Room



Ashmore Activities Program

Friday, August 8, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
1:30	YouTube: John Denver in Concert	North & South Lounge
2:00	Happy Hour in the Garden	North Outside Area
Monday, August 11, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Emerald Lakes Morning Tea	Meet in Foyer; Bookings Essential
2:00	Board Games & Puzzles	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, August 12, 2025		
	GOLD COAST LIBRARY PICK UP	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	UNO Cards	North Dining Room
12:30	YouTube: Documentary on Elephants	North & South Lounge
2:00	Bingo	North Dining Room
Wednesday, August 13, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - BBQ in the Park	Meet In Foyer
2:00	Games & Room Visits	North & South Wing
3:00	Television Tipping Point	North & South Lounge
Thursday, August 14, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Meditation & Relaxation	North Lounge
2:00	YouTube: Let's Go Fishing	South lounge
2:00	Concert & Happy Hour with Marina	North Dining Room



Ashmore Activities Program

Friday, August 15, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Gardening: Pot Planting	North Outside Area
1:30	Movie	North & South Lounge
2:00	Let's Do a Word Search	North Dining Room
Monday, August 18, 2025		
9:30	Music DVD	North Dining Room
9:30	Bus Outing \$10 - Scenic Drive & Coffee	Meet in Foyer; Bookings Essential
2:00	Casino Games	North & South Lounge
3:00	Television Tipping Point	North & South Lounge
Tuesday, August 19, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
12:30	YouTube: Humankind's Greatest Inventions	North & South Lounge
2:00	Pamper Parlour	North Dining Room
Wednesday, August 20, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Resident's Meeting	North Dining Room
2:00	Name That Tune	North Lounge Room
3:00	Television Tipping Point	North & South Lounge
Thursday, August 21, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Pub Quiz Games	North Dining Room
11:30	Residents BBQ	North Outside Area
2:00	Concert & Happy Hour with Mark Dean	North Dining Room



Ashmore Activities Program

Friday, August 22, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
1:30	YouTube: Fantastic Fungi	North & South Lounge
2:00	Karaoke Happy Hour	North Outside Area
Monday, August 25, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10 - Fish & Chips at Point Danger	Meet in Foyer; Bookings Essential
1:30	YouTube: Every Little Thing	North & South Lounge
2:00	Let's Do Crosswords	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, August 26, 2025		
10:00	Animal Farm Visit	North Outside Area
1:30	YouTube	North & South Lounge
2:00	Quoits	North Dining Room
Wednesday, August 27, 2025		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Ice Cream & Movie	North & South Lounge
Thursday, August 28, 2025		
9:30	Bus Trip to Merrimac for the HillView Show Day	Meet in Foyer; Bookings Essential
9:30	Music DVD	North & South Lounge
2:00	Concert & Happy Hour with Terry	North Dining Room
Friday, August 29, 2025		
PUBLIC HOLIDAY GOLD COAST SHOW DAY		



Ashmore Activities Program

- Foxtel available every day, please see a staff member to assist with program selection
- Hairdressing available by appointment Tuesday Wednesday & every second Thursday
- Beauty Therapy available by appointment Friday
- For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au
- DVDs/Videos available for weekends on request from the Lifestyle Department