



HILLVIEW
PREMIUM AGED CARE

Ashmore Activities Program

Monday, March 2, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10: Lunch at Hinze Dam	Meet in Foyer; Bookings Essential
2:00	Board Games	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, March 3, 2026		
GOLD COAST LIBRARY DELIVERY		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Hoy Cards	North Dining Room
12:30	YouTube	North & South Lounge
2:00	Lets Make Smoothies	North Dining Room
Wednesday, March 4, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Lets Play UNO	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, March 5, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	YouTube Movie: The Bucket List	North & South Lounge
10:30	Tenpin Bowling	North Dining Room
2:00	Concert and Happy Hour with Anthony Meagher	North Dining Room
Friday, March 6, 2026		
DENIM DAY FOR DEMENTIA		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft	North Dining Room
1:00	YouTube	North & South Lounge
2:00	Pamper Parlour	North Dining Room



Ashmore Activities Program

Monday, March 9, 2026		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10: Morning Tea Emerald Lakes	Meet in Foyer; Bookings Essential
2:00	Table Bowls	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, March 10, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Paint a Picture	North Dining Room
10:30	YouTube	North & South Lounge
2:00	Let's Cook	North Dining Room
Wednesday, March 11, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
2:00	Bingo	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, March 12, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag Toss	North Dining Room
2:00	Concert and Happy Hour with Olivia	North Dining Room
Friday, March 13, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Drumming To Music	North Dining Room
11:00	YouTube: G.I Blues Elvis	North & South Lounge
2:00	Conversation in the Garden	North Outside Area



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Monday, March 16, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10: Dublin Docks Lunch	Meet in Foyer; Bookings Essential
10:30	YouTube: Let's Explore Ireland	North & South Lounge
2:00	Karaoke & Sing A Long	North & South Lounge
3:00	Television Tipping Point	North & South Lounge
Tuesday, March 17, 2026		
ST PATRICKS DAY		
9:30	Movement to Music with Cathie	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Irish Pot 'o Gold Game	North Dining Room
10:30	YouTube: Neil Diamond in Concert	North & South Lounge
11:45	St Patrick's Day BBQ	North Outside Area
2:00	Irish Trivia	North Dining Room
Wednesday, March 18, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Board Games	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, March 19, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Table Bowls	North Dining Room
2:00	Concert and Happy Hour with Chris B	North Dining Room
Friday, March 20, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Let's Play Cards	North Dining Room
2:00	Fun Floor Games	North Dining Room



Ashmore Activities Program

Monday, March 23, 2026		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing \$10: Scenic Drive & Coffee	Meet in Foyer; Bookings Essential
2:00	Craft: National Gum Tree Day	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, March 24, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Balloon Tennis	North Dining Room
1:30	YouTube	North & South Lounge
2:00	Ice Cream Extravagnaza	North & South Wing
Wednesday, March 25, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
2:00	Bingo	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, March 26, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Resident & Food Focus Meeting	North Dining Room
10:30	Quality Room Visits	North & South Wing
2:00	Concert & Happy Hour with Mercedes	North Dining Room
Friday, March 27, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bus Outing \$10: Southport Surf Club	Meet in Foyer; Bookings Essential
11:00	YouTube	North & South Lounge
2:00	Name That Tune	North Dining Room



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Monday, March 30, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
9:00	Resident Experience Surveys	Throughout home
2:00	Knitting Club	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, March 31, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Floral Arrangement	North Dining Room
1:00	YouTube	North & South Lounge
2:00	Let's Do Search-a-Word Together	North Dining Room

- Foxtel available every day, please see a staff member to assist with program selection
- Hairdressing available by appointment Tuesday, Wednesday & every second Thursday
- Beauty Therapy available by appointment Friday
- For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au
- DVDs/Videos available for weekends on request from the Lifestyle Department
- This Activity Schedule is subject to change, where necessary