

Ashmore Activities Program

Monday, August 3, 2026		
9:30	YouTube - Amazon Documentary	North & South Lounge
9:30	Bus Outing - Catalina Café for Morning Tea	Bookings Essential Meet in Foyer
1:00	Movie DVD - Odd Ball	South Lounge
2:00	Hoy Cards	North Dining Room
3:00	TV Game Shows	North & South Lounge
Tuesday, August 4, 2026		
	Art & Parrots	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:00	YouTube - Olivia Newton-John Concert	North & South Lounge
10:30	Painting with Shonna and her Parrots	North Dining Room
2:00	Board Games	North Dining Room
2:00	TV Game Shows	North & South Lounge
Wednesday, August 5, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Word Games	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, August 6, 2026		
	Jeans for Genes Day	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bean Bag Toss	North Dining Room
10:30	YouTube - Documentary on Italy	North & South Lounge
2:00	Concert and Happy Hour, with Olivia	North Dining Room
Friday, August 7, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Games	North Dining Room
2:00	Conversation and Chit Chat	North Outside Area
3:00	Television Tipping Point	North Lounge Room



Ashmore Activities Program

Monday, August 10, 2026		
9:30	YouTube - Armchair Travel to Russia	North & South Lounge
9:15	Bus Outing - Mastery School Choir at HillView Merrimac	Bookings Essential Meet in Foyer
2:00	UNO Cards	North Dining Room
3:00	TV Games Shows	North & South Lounge
Tuesday, August 11, 2026		
GOLD COAST LIBRARY PICK UP		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Casino Games	North Dining Room
10:30	You Tube Science Documentary	North & South Lounge
2:00	Who Am I ?	North Dining Room
3:00	TV Games Shows	North & South Lounge
Wednesday, August 12, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Lets Play Scrabble Together	North & South Wing
3:00	Television Tipping Point	North & South Lounge
Thursday, August 13, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Meditation and Relaxation	North Lounge Room
10:30	You Tube - Concert with Andre Rieu	South Lounge Room
2:00	Concert and Happy Hour - with Chris	North Dining Room
Friday, August 14, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Elvis Trivia	North Dining Room
2:00	Pamper Parlour	North Lounge Room
2:00	Elvis Movie	North & South Lounge



Ashmore Activities Program

Monday, August 17, 2026		
9:30	Exercises	North Dining Room
10:00	YouTube Concert Neil Diamond in Concert	North & South Lounge
10:30	Bus Outing - Picnic at the Spit	Bookings Essential Meet in Foyer
2:00	Ice-Cream and Movie Extravaganza	North & South Lounge
Tuesday, August 18, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Lets Creat with CLAY	North Dining Room
10:30	Movie - Phar Lap	South Lounge Room
2:00	Cooking	North Dining Room
3:00	TV Games Shows	North & South Lounge
Wednesday, August 19, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Word Games	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, August 20, 2026		
	DAFFODIL DAY	  
10:00	Resident's Meeting & Management Morning Tea	North Dining Room
11:30	Resident's BBQ Lunch	North Outside Area
2:00	Drinks and Music in the Garden	North Outside Area
3:00	TV Game Shows	North & South Lounge
Friday, August 21, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft - Creative Connections	North Dining Room
11:00	Youtube - Documentary	North & South Lounge
2:00	Name that Tune	North Lounge Room



Ashmore Activities Program

	Monday, August 24, 2026	
9:30	Music DVD	North & South Lounge
9:30	Bus Outing - Scenic Drive	Bookings Essential Meet in Foyer
10:30	YouTube - Concert with Toni Bennett	North & South Lounge
2:00	Ten Pin Bowling	North Dining Room
3:00	TV Game Shows	North & South Lounge
	Tuesday, August 25, 2026	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Crafts	North Dining Room
10:30	YouTube - Concert with Niel Diamond	North & South Lounge
2:00	Board Games and Puzzles	North Dining Room
3:00	TV Game Shows	North & South Lounge
	Wednesday, August 26, 2026	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Word Games	North Dining Room
3:00	Television Tipping Point	North & South Lounge
	Thursday, August 27, 2026	
9:30	Music DVD	North Dining Room
9:30	Bus Outing - Merrimac Show Day	Bookings Essential Meet in Foyer
1:00	Armchair Travel to China	North & South Lounge
2:00	Concert and Happy Hour - COWBOY!	North Dining Room
	Friday, August 28, 2026	
	PUBLIC HOLIDAY GOLD COAST SHOW DAY	



Ashmore Activities Program

Monday, August 31, 2026		
9:30	Music DVD	North & South Lounge
9:30	Bus Trip - Op shopping and Coffee	Bookings Essential Meet in Foyer
1:30	YouTube - The Oceans Of The World Documentary	North & South Lounge
2:00	Knitting Club	North Dining Room
• Foxtel available every day, please see a staff member to assist with program selection • Hairdressing available by appointment Tuesday, Wednesday & every second Thursday • Beauty Therapy available by appointment every second Friday • For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au • DVDs/Videos available for weekends on request from the Lifestyle Department. This Activity Schedule is subject to change, where necessary		