



Ashmore Activities Program

Thursday, October 1, 2026		
	OKTOBERFEST CELEBRATIONS	
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Balloon Tennis	North Dining Room
11:00	YouTube Armchair Travel to Germany	North & South Lounge
2:00	Oktoberfest Concert & Happy Hour with Zoltan & Thomas	North Dining Room
Friday, October 2, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
1:00	YouTube	North & South Lounge
2:00	Name that Tune	North Outdoor Area
Monday, October 5, 2026		
PUBLIC HOLIDAY KINGS BIRTHDAY		
Tuesday, October 6, 2026		
GOLD COAST LIBRARY PICK UP		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft	North Dining Room
12:30	YouTube	North & South Lounge
2:00	Let's Cook	North Dining Room
Wednesday, October 7, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Let's Play Scrabble	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, October 8, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Lounge Room
10:30	Kerplunk	North Dining Room
10:30	YouTube Concert	North & South Lounge
2:00	Concert & Happy Hour with Robbie	North Dining Room



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Friday, October 9, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bocce	North Outside Area
2:00	Karaoke & Ice Cream	North Lounge Room
3:00	Television Tipping Point	North Lounge Room
Monday, October 12, 2026		
9:30	Music DVD	North & South Lounge
9:30	Bus Outing - Green Day Cafe	Bookings Essential Meet in Foyer
1:00	YouTube	North & South Lounge
2:00	UNO Cards	North Dining Room
3:00	Television - Tipping Point	North & South Lounge
Tuesday, October 13, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Gardening	North Outdoor Area
12:30	YouTube	North & South Lounge
2:00	Let's Cook Together	North Dining Room
Wednesday, October 14, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Let's Play Scrabble	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, October 15, 2026		
	JAMES BOND 'GIN & TONIC DAY'	<i>007</i>
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Fun Facts About Gin and 007 James Bond	North Dining Room
2:00	Concert and Happy Hour - Paul	North Dining Room
2:00	Movie 007 James Bond	North & South Lounge



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Friday, October 16, 2026		
9:30	Music DVD	North Dining Room
9:45	Bus Outing - Petal in Pots Pop Up Shop Merrimac	Bookings Essential Meet in Foyer
2:00	Conversation in the garden	North Outside Area
Monday, October 19, 2026		
9:30	Exercises	North Dining Room
10:00	YouTube	North & South Lounge
10:30	Bus Outing - Lunch at Yatala Pie Shop	Bookings Essential Meet in Foyer
2:00	Hoy Cards	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Tuesday, October 20, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft	North Dining Room
11:30	YouTube	North & South Lounge
2:00	Pamper Parlour	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Wednesday, October 21, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Word Games	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, October 22, 2026		
9:30	Exercises	North Dining Room
10:00	Resident's Meeting & Morning Tea	North Dining Room
2:00	Concert and Happy Hour - Anthony Meagher	North Dining Room
Friday, October 23, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Tenpin Bowling	North Dining Room
11:00	YouTube	North & South Lounge
3:00	Conversation & Drinks	North Outside Area



Ashmore Activities Program

Monday, October 26, 2026		
9:30	Exercises	North Dining Room
10:30	Bus Outing - BBQ in the Park	Bookings Essential Meet in Foyer
2:00	YouTube	North & South Lounge
2:00	Knitting Club	North Dining Room
3:00	Televison Tipping Point	North & South Lounge
Tuesday, October 27, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Craft	North Dining Room
11:00	YouTube	North & South Lounge
2:00	Let's Cook Together	North Dining Room
Wednesday, October 28, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Bingo	North Dining Room
2:00	Board Games	North Dining Room
3:00	Television Tipping Point	North & South Lounge
Thursday, October 29, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Lounge Room
10:30	Let's Play Kerplunk	North Dining Room
2:00	Concert and Happy Hour -with Mercedes	North Dining Room
Friday, October 30, 2026		
9:30	Exercises	North Dining Room
10:00	Social Morning Tea & News	North Dining Room
10:30	Word Quiz	North Dining Room
2:00	Name That Tune	North Lounge Room



Ashmore Activities Program

- Foxtel available every day, please see a staff member to assist with program selection
- Hairdressing available by appointment Tuesday, Wednesday & every second Thursday
- Beauty Therapy available by appointment every second Friday
- For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au
- DVDs/Videos available for weekends on request from the Lifestyle Department. This Activity Schedule is subject to change, where necessary



HILLVIEW
PREMIUM AGED CARE

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