HILLVIEW
PREMIUM AGED CARE

Ashmore Activities Program

	Monday, November 2, 2026	
9:30	**Bus Outing:** *Barrow Café Morning Tea*	Bookings Essential Meet in Foyer
9:30	YouTube Concert: Olivia Newton-John	North & South Lounge
1:30	Room Visits	North & South Wings
	Tuesday, November 3, 2026	
	**MELBOURNE CUP DAY**	
	GOLD COAST LIBRARY DELIVERY DAY	
9:30	Exercises with Lifestyle	North Dining Room
10:00	Morning Tea & Drawing the Cup Sweeps	North Dining Room
10:30	Melbourne Cup Games	North Dining Room
12:00	**Event**: Melbourne Cup Lunch & Bubbles	North Dining Room
2:00	***The Race that Stops the Nation***	North Dining Room
	Wednesday, November 4, 2026	
9:00	Room Visits	North & South Wing
10:00	**Sensory Pet Therapy:** Miniature Ponies	North & South Wings
10:00	Documentary on Australia's Wild Brumby's	North & South Lounge
1:30	Room Visits	North & South Wing
1:30	YouTube Concert: The Andrew Sisters	North & South Lounge
2:00	Bingo	North Dining Room
	Thursday, November 5, 2026	
9:00	Room Visits	North & South Wing
9:30	Exercises with Lifestyle	North Dining Room
9:30	YouTube Documentary: Royal Family	North & South Lounge
10:00	News & Views with Morning Tea	North Lounge
10:30	**Baking:** Let's Cook	North Dining Room
2:00	**Weekly Concert & Happy Hour:** Olivia	North Dining Room

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	Friday, November 6, 2026	
9:00	Room Visits	North & South Wing
10:00	**Coffee Club Social:** Morning Tea	North Outside Area
10:30	Armchair Travel to Borneo	North & South Lounge
1:30	Room Visits	North & South Wing
2:00	**Sensory**: Relaxation and Massage	North Dining Room
	Monday, November 9, 2026	
9:00	Room Visits	North & South Wing
9:30	Exercises with Lifestyle	North Dining Room
10:00	News & Views with Morning Tea	North Dining Room
10:30	Casino Games	North Dining Room
1:30	Room Visits	North & South Wing
2:00	Board Games	North Dining Room
	Tuesday, November 10, 2026	
9:00	Room Visits	North & South Wing
9:30	Exercises with Lifestyle	North Dining Room
10:00	News & Views with Morning Tea	Bookings Essential Meet in Foyer
10:30	**Art & Craft:** Painting	North Dining Room
1:30	Room Visits	North & South Wing
2:00	**Knitting Club**	North Dining Room
	Wednesday, November 11, 2026	
	REMEMBRANCE DAY	
9:45	News & Views with Morning Tea	North Dining Room
10:30	Remembrance Day Service	North Outside Area
11:00	YouTube Documentary: The Australian Horse at War	North & South Lounge
1:30	Room Visits	North & South Winh
2:00	Bingo	North Dining Room

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	Thursday, November 12, 2026	
9:30	**Bus Outing:** *Cycling Without Age*	Bookings Essential Meet in Foyer
9:30	Movie & TV Social: Are You Being Served	North & South Lounge
1:30	Room Visits	North & South Wing
2:00	**Weekly Concert & Happy Hour:** Chris B	North Dining Room
	Friday, November 13, 2026	
	WORLD KINDNESS DAY	
9:00	Room Visits	North & South Wing
10:00	**Coffee Club Social:** Morning Tea	North Outside Area
10:30	YouTube Concert: Simply Red	North & South Lounge
1:30	Room Visits	North & South Wing
2:00	**Sensory**: Relaxation and Massage	North Dining Room
	Monday, November 16, 2026	
9:00	Room Visits	North & South Wing
9:30	**Bus Outing:** *HOTA Art Gallery*	Bookings Essential Meet in Foyer
9:30	Movie & TV Social (Documentary): Croatia	North & South Lounge
1:30	Room Visits	North & South Wings
2:00	Bean Bag Toss	North Dining Room
	Tuesday, November 17, 2026	
9:00	Room Visits	North & South Wing
9:30	Exercises with Lifestyle	North Dining Room
10:00	News & Views with Morning Tea	North Dining Room
10:30	Movie & TV Social (Documentary): India	North & South Lounge
10:30	**Special Interest:** *Painting with Shonna*	North Dining Room
1:30	Room Visits	North & South Wing
2:00	Science Experiments	North Dining Room

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Ashmore Activities Program

	Wednesday, November 18, 2026	
9:00	Room Visits	North & South Wing
9:30	Exercises with Lifestyle	North Dining Room
10:00	News & Views with Morning Tea	North Dining Room
10:30	Bingo	North Dining Room
1:30	Room Visits	North Dining Wing
2:00	HOY Cards	North Dining Room
	Thursday, November 19, 2026	
9:00	Room Visits	North & South Wing
9:30	Exercises with Lifestyle	North Dining Room
10:00	Morning Tea and Residents Meeting	North Dining Room
1:30	Room Visits Daily	North & South Wing
2:00	**Weekly Concert & Happy Hour:** *Cowboy*	North Dining Room
	Friday, November 20, 2026	
9:00	Room Visits	North & South Wing
10:00	**Coffee Club Social:** Morning Tea	North Outside Area
10:30	YouTube Concert: The Bee Gee's	North & South Lounge
1:30	Room Visits	North & South Wing
2:00	**Sensory**: Relaxation and Massage	North Dining Room
	Monday, November 23, 2026	
9:00	Room Visits	North & South Wing
9:30	**Bus Outing:** *Runaway Bay Shopping Centre*	Bookings Essential Meet in Foyer
9:30	Movie & TV Social (Documentary): Worlds	North & South Lounge
1:30	Room Visits	North & South Wings
2:00	UNO Cards	North Dining Room

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Ashmore Activities Program

	Tuesday, November 24, 2026	
9:00	Room Visits	North & South Wing
10:00	News & Views with Morning Tea	North Dining Room
10:30	**Special Interest:** *Zumba with Cathie*	North & South Lounge
10:30	Movie & TV Social (Documentary): History of Tea	North & South Lounge
1:30	Room Visits	North & South Wings
2:00	Kerplunk Game	North Dining Room
	Wednesday, November 25, 2026	
9:00	Room Visits	North & South Wing
9:30	Exercises with Lifestyle	North Dining Room
10:00	News & Views with Morning Tea	North Dining Room
10:30	Bingo	North Dining Room
1:30	Room Visits	North Dining Wing
2:00	HOY Cards	North Dining Room
	Thursday, November 26, 2026	
9:00	Room Visits	North & South Wing
10:00	**Bus Outing:** *Christmas Market at Merrimac*	Bookings Essential Meet in Foyer
10:00	YouTube Concert: Billy Joel - Piano Man	North Dining Room
1:30	Room Visits	North Dining Wing
2:00	Afternoon in the Garden	North Outdoor Area
3:00	Room Visits	North & South Wing
	Friday, November 27, 2026	
9:00	Room Visits	North & South Wing
10:00	**Coffee Club Social:** Morning Tea	North Outside Area
10:30	YouTube Concert: Queen Live at Wembley	North & South Lounge
1:30	Room Visits	North & South Wing
2:00	**Sensory**: Relaxation and Massage	North Dining Room

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Ashmore Activities Program

	Monday, November 30, 2026	
9:00	Room Visits	North & South Wing
9:30	**Bus Outing:** *Lunch at Tallai Golf Club*	Bookings Essential Meet in Foyer
9:30	Movie & TV Social (Documentary):	North & South Lounge
1:30	Room Visits	North & South Wings
2:00	Who Am I?	North Dining Room

- **Foxtel available every day, please see a staff member to assist with program selection**
- **Hairdressing available by appointment Tuesday, Wednesday & every second Thursday**
- **Beauty Therapy available by appointment every second Friday**
- **For bookings including Bus trips contact reception on 5597 0422 or email Lifestyle@hillviewcare.com.au**
- **DVDs/Videos available for weekends on request from the Lifestyle Department. This Activity Schedule is subject to change, where necessary**